THE SEED PUBLIC CHARTER SCHOOL OF WASHINGTON, D.C.

THE WEEKLY FALCON

for the week of 2/25/2024

NEWS FROM THE NEST...

Enhancing Safety Measures...

To Our SEED DC Families,

We continue to witness a great deal of unrest and violence as a city and across the nation. Safety is a mandatory component of any high functioning community, specifically a school campus. It is our responsibility to take every verifiable measure to create a safe learning environment in and beyond the classroom. With this in mind and the current climate, I am insisting we implement the following increased safety efforts at SEED DC:

1. We will be adding metal detectors to three entrances- the main lobby and the main entries of both Marshall Hall and Brown Hall. These stand up devices will increase the efficiency of our check-in procedures, as well as provide a universal process for all who enter campus.
2. Per our Scholar/Family Handbook, scholars may not drive to campus for school. This policy was created years ago for safety reasons and is even more important today. Furthermore, scholars may not park on campus. Please ensure you are only using the agreed-upon methods of transportation and commuting, when bringing/sending your scholar to campus and upon dismissal.
3. As we are all aware, SEED DC is a college-preparatory boarding school. When families select our school and scholars enroll, you are committing to this model. Scholars are expected to arrive on Sunday evenings between 7:00-8:30pm and remain with us until dismissal, typically Fridays at 2:21pm. Please follow the agreed upon schedule. ***Boarding is not optional; this is a required part of our model.***
4. Only scholars *temporarily* assigned to day-student status, by administration for medical or disciplinary reasons, are permitted to leave campus during the week. If your scholar has a mandatory engagement, a doctor's appointment for example, please provide documentation and call our Attendance line 24-hours in advance. We understand emergencies happen, and want to work with our families. However, there are a number of reasons scholars are frequently leaving campus that do not fall within these parameters. In order to increase our safety measures, we are going to increase our diligence about the weekly boarding schedule. I appreciate your support.
5. Finally, communication is a critical part of keeping all members of our academic community safe. We must have scholars and families diligently follow the sign out (and sign in) process when entering and exiting campus. Please provide written notification and proper identification when coming to pick your son/daughter up for an appointment or emergency. This communication is vital, as it is our responsibility to know of our scholars' whereabouts at all times during the school week.

We will be upgrading and enhancing our daily attendance efforts moving forward. Just as we implemented our texting practice every class period, we will be increasing our attendance check-ins throughout the Student Life program. Additionally, I am working to determine the most effective method of following up when scholars are not in their assigned location, and tabulating attendance both daily and weekly. Strong attendance habits, being present and timely, are a critical part of one's success, now and far into the future.

We are grateful for your partnership and deeply committed to making The SEED Public Charter School of Washington, D.C. a safe, highly productive, and meaningful comprehensive educational setting. I will continue to communicate with you, as we strengthen our processes and policies to make SEED DC the District's #1 high school!

Believing,
Ms. Hood

UPCOMING SCHOOL EVENTS

- **2/29:** Women's History Month Begins
- **3/8:** Q3 Progress Reports Released
- **3/14:** Thursday Check-out
- **3/15:** No School for Students

Click here to download the revised: School Calendar.

Monthly Attendance Incentives

FEBRUARY

Kisses

MARCH

Fidget Toy

APRIL

Movie Day

MAY

Cold Treat

JUNE

Snack Pack

SCHOLARS WHO ARE PRESENT EVERY DAY FOR THE MONTHS LISTED WILL RECEIVE AN INCENTIVE. INCENTIVES ARE SUBJECT TO CHANGE.

QUESTIONS, PLEASE SEE MS. HOLLOWAY

This is a reminder that in efforts to hold our scholars accountable, you will continue to receive an attendance alert for every period your scholar is marked absent. Please use this weekend to speak to your scholar (s) about the importance of showing up to class on time, prepared and ready to learn. Remember that every day counts! Scholars who are present everyday will receive an incentive at the end of each month.

ATTENDANCE GUIDELINES

EARLY DISMISSALS AND PLANNED ABSENCES

In the event, a scholar needs to leave campus during the school week and will miss any part of the school programming (academic or student life), including Sunday check-in, families should send an email to attendance@seedschooldc.org. The email should include the following:

1. Scholar's name
2. Date(s) of absences
3. Date and time of pick-up and drop-off
4. Name of an adult who will pick up the scholar (proof of identification will be required)
5. If student is departing on their own, please indicate the mode of travel (Uber, Lyft, Metro, etc.)
6. Reason for absence/appointment

Please note:

All communication regarding absences must be submitted in written form by the parent/guardian/caregiver on file. SEED DC will not allow a scholar to leave campus without a prior written communication from the parent/guardian/caregiver on file.

Scholars must be signed out at the front desk in the lobby for early dismissal and signed in when returning to campus. All written communication should be sent to ***attendance@seedschooldc.org*** and should include the time the student will depart and return, mode of transportation, and contact information for an adult authorized to pick the student up. This includes transportation via Metro, Uber, Lyft, or riding with other families.

Staff may be directed to conduct a follow-up phone call, to confirm details or ask clarifying questions. When a scholar returns to campus following a medical visit, a signed medical note from the medical facility must be presented to the receptionist stating the reason for the absence.

If a scholar needs to leave early on a Friday, families should send an email to attendance@seedschooldc.org no later than 8 p.m. on Thursday evening.

Student Life staff will be notified to have scholars bring their belongings from the residence halls in the morning to place in the academic building.

Please note that emails sent after 8 a.m. will not be honored, as the residence halls are closed from 8 a.m. until student life staff arrives for check-out, 4 p.m. **There is no access to the residence halls before the regular check-out time.**

If you still have to pick-up your scholar, you will have to return to pick up their belongings between 4 p.m. - 5 p.m.

Absent for three (3) or more days?
Please contact the Attendance Coordinator at (202)248-7773 x5116.

SEL FEBRUARY NEWSLETTER

VOL. 2 FEBRUARY 2024

SAWUBONA

PILLAR 2 SOCIAL EMOTIONAL LEARNING

BLACK HISTORY MONTH 365

FEBRUARY IS A PIVOTAL OPPORTUNITY TO ADVANCE OUR MASTERY OF THE CASEL CORE COMPETENCY, SOCIAL AWARENESS. UNDERSTANDING THE DEPTH AND BREADTH OF THIS HISTORY IS A RESPONSIBILITY THAT FALLS ON EACH OF US, URGING US TO RECOGNIZE THE STRENGTH IN OUR DIVERSE NARRATIVES AND THE POWER OF COLLECTIVE EMPATHY

IN AN ERA WHERE SOCIAL MEDIA OFTEN DICTATES THE FLOW OF INFORMATION, IT BECOMES CRUCIAL TO CHALLENGE OUR ASSUMPTIONS AND THE PERSPECTIVES WE HOLD OF EACH OTHER. LET US FURTHER COMPREHEND HOW PERSONAL NARRATIVES, CONTROLLED AND MANIPULATED BY SOCIAL MEDIA, AFFECT OUR SOCIAL FABRIC.

C.A.S.E.L: SOCIAL AWARENESS

THE ABILITIES TO UNDERSTAND THE PERSPECTIVES OF AND EMPATHIZE WITH OTHERS, INCLUDING THOSE FROM DIVERSE BACKGROUNDS, CULTURES, AND CONTEXTS.

SEED CORE VALUE: RESPONSIBILITY

WE DISPLAY RESPONSIBILITY BY TAKING OWNERSHIP AND BEING ACCOUNTABLE FOR OUR WORDS, ACTIONS, AND RESULTS.

MOC SOCIAL SKILLS FOCUS

KICKBOARD:

1. APPROPRIATE USE OF TECHNOLOGY
2. DRESS CODE COMPLIANCE

GENERAL:

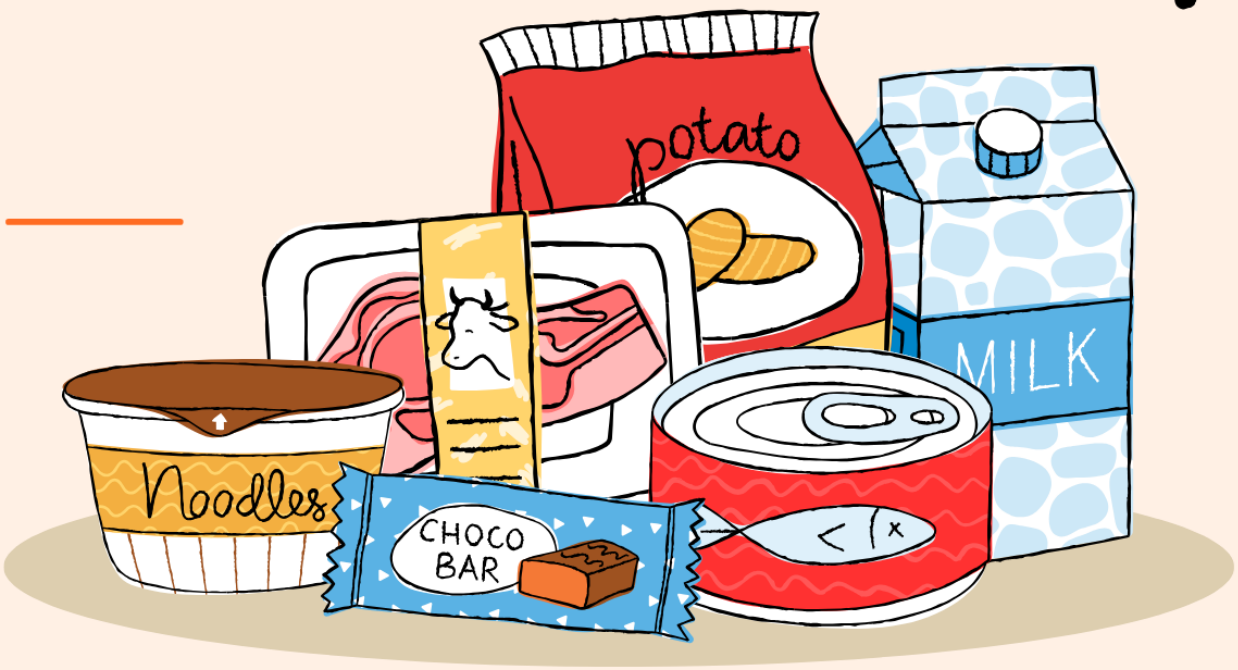
A. FOLLOWING INSTRUCTIONS
B. ACCEPTING FEEDBACK
C. APPROPRIATE LANGUAGE
D. MANAGING TIME

FOLLOW THE LINKS BELOW FOR MORE INFORMATION:
PANORAMA ED CASEL: HTTPS://WWW.PANORAMAED.COM/
SEED DC CORE VALUES: HTTPS://WWW.SEEDSCHOOLDC.ORG/MODEL-VALUES
BOYSTOWN MODEL OF CARE LIFT: HTTPS://WWW.BOYSTOWN.ORG/EDUCATION-SERVICES/LIFT

2024 CIAA EDUCATION DAY

FOOD ASSISTANCE

If you or someone you know is experiencing food insecurity, help is available via several federal food assistance programs designed to provide access to healthy food.



NEED HELP? GET HELP!

For more information on where to find food :

202-644-9807

hungerlife@capitalareafoodbank.org

Food Bank for the Washington, DC, Region

SCHOOL MENUS

FEBRUARY 12 - MARCH 8, 2024

BREAKFAST & LUNCH

FEBRUARY 12 - MARCH 8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY

The "Healthier" ■ indication on Entrees means ‹350 cal, ‹5 g sat. fat, on Soup, Salad, Sides means ‹250 cal, ‹5 g sat. fat, on Baked Goods means ‹230 cal, ‹5 g fat

Vegetarian Option ▼
Low Fat Option ♥
Healthier Option ■

Salad Bar and Fresh Fruit always available for lunch/brunch/dinner.

This institution is an equal opportunity provider. Menu subject to change.

12

Breakfast
Applesauce or Fresh Fruit
Whole Grain Egg & Cheese Biscuit
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Chopped Salad

Flatbread Pepperoni Pizza
Flatbread Cheese Pizza
Veggie Flatbread Pizza ♥▼

Whole Grain Biscuit
Roasted Green Beans
Diced Peach Cup or Fresh Fruit

Snack: Whole Grain Goldfish
Apple Juice

13

Breakfast
Apple Slices or Fresh Fruit
Whole Grain Bagel
Whole Grain Cereal, Strawberry Gogurt,
1% Milk or Fat Free Milk

Lunch
Lemon Greek Chicken
Veggie Hummus ♥▼

Brown Rice
Tabouli
Stir Fried Veggies
Fresh Fruit or Fresh Fruit Salad

Snack: Whole Grain Pretzel Fish
Fruit Cup

14

Breakfast
Fresh Fruit or Orange Juice Cup
Warm Maple French Toast
Whole Grain Cereal, Fruited Yogurt,
1% Milk or Fat Free Milk

Lunch
Buffalo Chicken Bites
Buffalo Tofu Bites ♥▼

Brown Rice Pilaf
Parmesan Zucchini Sticks
Tomato Basil Salad
Fresh Asian Pear or Fresh Fruit

Snack: WG Popcorn
Apple Slices

15

Breakfast
Fresh Berries or Fresh Fruit
Yogurt Parfait, Whole Grain Pop Tart
String Cheese
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Chicken & Roasted Pepper Quesadilla
Cheese Quesadilla ♥▼

Whole Grain Tortilla
Roasted Carrots
Black Bean & Corn Salad
Grapes or Fresh Fruit

Snack: Teddy Grahams
Yogurt

16

No School

19

HAPPY PRESIDENTS DAY

20

Breakfast
Apple Juice or Fresh Fruit
Whole Grain Blueberry Muffin
Strawberry Smoothie
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Sliced Pork or Diced Chicken
Vegetable Broth
Diced Tofu ▼

Whole Grain Spaghetti Noodles
Marinated Edamame
Chili & Garlic Bok Choy
Apple Slices or Fresh Fruit

Snack: Whole Grain Pretzels
Apple Juice

21

Breakfast
Fresh Fruit
Whole Grain Toast, Whole Grain Bagel
Scrambled Eggs
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Beef or Turkey Hot Dog
Grilled Cheese ▼
Tomato Soup

Whole Grain Bun
Marinated Cucumbers
Fresh Watermelon or Fresh Fruit

Snack: Teddy Grahams
Fruit Cup

22

Breakfast
Banana or Fresh Fruit
Apple Cinnamon Overnight Oats
Poptart, String Cheese
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Blackeyed Pea Salad

Chicken Salad Sandwich on Croissant
Black Bean Hummus ▼

Pita Bread Triangles
Whole Grain Bun
Fresh Vegetable Crudite
Strawberries or Fresh Fruit

Snack: Multigrain Sunchips
Apple

23

Breakfast
Fresh Pear or Fresh Fruit
Bacon, Egg & Cheese Croissant
Croissant
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Brazilian Beef
Pico de Gallo, Shredded Cheese & Lettuce
Spiced Black Beans Entree

Whole Grain Brown Rice
Baked Plantains
Chili Roasted Carrots
Cilantro Lime Jicama Slaw
Orange Sections or Fresh Fruit

26

Breakfast
Fresh Fruit or Citrus Fruit Salad
Blueberry Waffle
Whole Grain Croissant, String Cheese
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Classic Potato Salad

BBQ Pulled Pork or BBQ Chicken Salad
Hot Spiced Apples
BBQ Vegan Chicken ▼

Whole Grain Crust
Vegetarian Baked Beans
Banana or Fresh Fruit

Snack: Yogurt
Whole Grain Pretzels

27

Breakfast
Apple Slices or Fresh Fruit
Whole Grain Bagel, Gogurt
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Beef Chili or White Chicken Chili ♥
Black Bean & Sweet Potato Chili ▼

Whole Grain Tortilla Chips
Baked Potato
Sweet Skillet Corn
Cornbread
Cut Melon or Fresh Fruit

Snack: Nutrigrain Cereal Bar
Cheese Stick

28

Breakfast
Fresh Grapes or Fresh Fruit
Southwestern Breakfast Burrito
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Fresh Fruit Salad

Chicken Curry
Chickpea Marsala ♥▼

Brown Rice
Pita Bread Triangles
Honey Glazed Carrots
Sauteed Spinach
Banana

Snack: Peach Cup
Teddy Grahams

29

Breakfast
Grapefruit Sections or Fresh Fruit
Whole Grain Pop Tart
Yogurt Parfait, String Cheese
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Whole Grain Pasta Salad

Chicken Tenders
Vegetarian Chicken Nuggets

Whole Grain Biscuit
Cucumber Sticks w/Ranch Dressing
Sweet Potato Fries
Applesauce or Fresh Fruit

Snack: Cheezits
Apple Juice

Mar 1

Breakfast
Banana or Fresh Fruit
Whole Grain Pancake
Chicken Sausage
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Flatbread Pepperoni Pizza
Flatbread Cheese Pizza
Veggie Burgers ♥▼

Whole Grain Bun
Marinated Tomatoes
Herb Roasted Carrots
Fresh Pears

4

Breakfast
Red Delicious Apple or Fresh Fruit
Ham & Cheese on Whole Grain Croissant
Trix Breakfast Bar, String Cheese
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Swedish Meatballs
Vegetarian Meatballs

Brown Rice Pilaf ♥
Macaroni & Cheese
Jicama & Celery Stick w/Ranch Dressing
Spiced Black Beans
Fresh Fruit or Grapes

Snack: WG Popcorn
Peach Cup

5

Breakfast
Orange Juice Cup or Fresh Fruit
Whole Grain Cereal
Peach Smoothie
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Teriyaki Chicken
Teriyaki Tofu
Veggie Grilled Chicken Strips ♥▼

Whole Grain Noodles
Fried Brown Rice
Fresh Steamed Broccoli
Orange Slices or Fresh Fruit

Snack: Sunchips
Fruit Juice

6

Breakfast
Fresh Fruit or Banana
Whole Grain Honey Biscuit
Banana Bread, Hard Boiled Egg
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Cool Asparagus & Pea Salad

Ham & Cheese Sub
Lentil Salad ▼

Whole Grain Sub Roll ♥
Quinoa
Italian Baked Tomato Halves
Apple Slices or Fresh Fruit

Snack: Yogurt
Graham Crackers

7

Breakfast
Banana or Fresh Fruit
Whole Grain Pop Tart
Blueberry Muffin, String Cheese
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Lentil Salad

Lemon Baked Tilapia
Cheese Ravioli in Marinara Sauce ▼

Brown Rice Pilaf
Roasted Green Beans
Fresh Baby Carrots w/Ranch Dressing
Fresh Berries or Fresh Fruit

Snack: Sliced Apples
Whole Grain Goldfish

8

Breakfast
Fresh Fruit or Fruit Salad
Whole Grain English Muffin
w/Egg, Cheese & Turkey Bacon
Egg, Cheese & Turkey Bacon
Whole Grain Cereal, Fruited Yogurt
1% Milk or Fat Free Milk

Lunch
Chicken Caesar Wrap
Hummus & Toasted Veggie Wrap ▼

Whole Grain Tortilla
Cucumber & Bell Pepper Crudite
Roasted Potato Wedges
Apple Slices

SEED School of Washington DC Breakfast & Lunch Menu

SCHOOL MENUS

FEBRUARY 12 - MARCH 8, 2024

DINNER

Astronaut Mae Jemison became the first African-American woman to enter space when she served on the crew of the Space Shuttle Endeavor in September 1992.

In 1770, Crispus Attucks became the first casualty of the American Revolution when he was shot and killed in what became known as the Boston Massacre.

Pulitzer Prize-winning author Alex Haley is best known for Roots (1976), his ancestral saga encompassing the entire African-American experience, and The Autobiography of Malcolm X (1965).

Satchel Paige pitched for six seasons in the majors and was the first star of the Negro leagues to be inducted (1971) into the Baseball Hall of Fame.

FEBRUARY 12 - MARCH 8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE "HEALTHIER" ■ INDICATION ON ENTREES MEANS ≤350 CAL, ≤ 6 G SAT. FAT. ON SOUP, SALAD, SIDES MEANS ≤250 CAL, ≤ 6 G SAT. FAT. ON BAKED GOODS MEANS ≤230 CAL, ≤ 6 G FAT		VEGETARIAN OPTION ▼ LOW FAT OPTION ♥ HEALTHIER OPTION ■		
SALAD BAR AND FRESH FRUIT ALWAYS AVAILABLE FOR LUNCH/BRUNCH/DINNER.				
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENU SUBJECT TO CHANGE.				
12 Soup du Jour Grape Feta Salad■ Taco Bar Grilled Cheese Vegetarian Meat/Taco Bar▼ Oven Baked Herb Fish■ Oven Roasted Green Beans Assorted Toppings Sour Cream/Cheese Sauce Jalapenos Shredded Lettuce/Tomatoes Black Olives Chocolate Cake Tea	13 Soup du Jour Dried Cranberry & Blue Cheese Salad■ Beef & Broccoli Vegetarian Beef Strips▼ Chicken Veggie Wraps■ Sauteed Broccoli Jasmine Rice Ice Cream	14 Soup du Jour Chicken Caesar Salad Loaded Cheeseburger Beef or Turkey Vegetarian Chicken Nuggets▼ Blackened Glazed Trout■ Parmesan Risotto Lettuce, Tomato, Onion, Pickles, Pork or Turkey Bacon Jalapenos, Banana Peppers French Fries Cookies Fruit Punch	15 CHECK OUT	16 NO SCHOOL
19 PRESIDENTS' DAY	20 Soup du Jour **Taco Tuesdays** Beef Tacos Jamaican Chicken Patty Beyond Meat Tacos ♥ ▼ Herbed Baked Chicken■ Lettuce, Tomato, Onions Salsa, Cheese, Sour Cream Ice Cream	21 Soup du Jour Greens & Smoked Gouda Salad Orange Chicken Veggie Orange Chicken ♥ ▼ Grilled Orange Chicken Breast■ Garlic Sauteed Broccoli Fried Rice Spring Roll Chocolate Chip Cookies Lemonade	22 Soup du Jour Green Salad Slow Roasted Pot Roast Vegetarian Beef Strips♥ ▼ Asian Noodle Bowl w/Veggies■ Roasted Brussel Sprouts Mashed Potatoes/Gravy Dinner Roll Oreo Pie	23 CHECK OUT
26 Soup du Jour Breakfast for Dinner Eggs, Bacon, Sausage Vegan Breakfast Bake ▼ Jus Eggs, Potatoes, Vegan Sausage Spinach Quiche Roasted Vegetables Cheese Grits Potatoes Buttered Waffle Cinnamon Roll Tea	27 Soup du Jour Baked Salmon w/Remoulade Fried Tofu ▼ Oven Roasted Chicken■ Oven Roasted Brussel Sprouts Macaroni & Cheese Ice Cream Cup	28 Soup du Jour Housemade Spaghetti Vegetarian Spaghetti w/Beyond Meat Sauce ▼ Tuna Fish Sub w/Sweet Potato Chips■ Caesar Salad Garlic Cheese Bread Lemon Cake Punch	29 Soup du Jour Greek Salad Grilled Balsamic & Garlic Flank Steak Grilled Balsamic & Garlic Vegan Beef Strips ▼ Blackened Tilapia■ Oven Roasted Green Beans Red Bliss Rosemary Potatoes Cookies	MAR. 1 CHECK OUT
4 Soup du Jour Farmer's Salad Honey Garlic Pork Chops Honey Garlic Vegetarian Chicken ▼ Honey Garlic Chicken■ Oven Roasted Vegetables Herb Roasted Potatoes Rice Krispie Treat Juice Box	5 Soup du Jour Oven Roasted Sliced Turkey Eggplant Parmesan ▼ Blackened Salmon■ Sauteed Spinach Candied Yams Dinner Roll Sweet Potato Pie Lemonade	6 Soup du Jour Fried Chicken Fried Tofu ▼ Grilled Chicken Breast Fresh Greens Scalloped Potatoes Cookies Flavored Water	7 Soup du Jour Spinach & Fruit Salad Pizza Bar Vegetarian Pizza ▼ Zucchini Patty Sauteed Vegetable Medley Mexican Street Corn Vanilla Cake Peach Tea	8 CHECK OUT

SEED SCHOOL OF WASHINGTON DC DINNER MENU

JUNIOR THEATRE FESTIVAL (JTF) - WEST...SUCCESS!!!

Last weekend, the SEED Falcon Theatre traveled to Sacramento, CA for the 2024 Junior Theater Festival - WEST.

- The SEED Falcon Theatre was awarded the 2024 SACRAMENTO trophy for Excellence in Ensemble Work
- Kevin I. & Tiara J. were awarded medals as JTF 2024 Sacramento Performance Allstars
- The 2024 JTF WEST Tech Olympics Team (Xavier Y., Kristin B., Dominik M., & Nikolas S.) are the FIRST team in Falcon Theatre history to finish the relay with the BEST time in their grouping.
    - While it was not enough to receive a medal, they have received rave reviews from across the festival about how amazing SEED tech students were in the technical theater workshops and during the Tech Olympics
- Our Social Media Ambassadors (Nidana S. & Kevin I.) did an amazing job of capturing and documenting pics and footage for our social media platforms.
- Our video technology team (Gabrielle F. and Alexis S.) were outstanding in photo/video documenting our entire experience. (more photos and videos to come soon)

As you may recall, SEED Falcon Theatre received the following accolades at the Junior Theater Festival Atlanta in January:

- The 2024 Atlanta trophy for Excellence in Ensemble Work
- Two medals awarded for JTF 2024 Atlanta Performance Allstars (Rayne I. & Ranyah P.)
- Semi-finalist round for the choreography DVD auditions (Trevell E. & Rayne I.)
- 2024 Freddie G Fellow (Ms. Randee Grant)
    - A recognition bestowed upon the world's best arts educators producing musical theater for youth.
    - SEED DC/SEED Falcon Theatre becomes the SECOND organization in the 21 year festival history to have TWO Freddie G Fellows (Dr. Bagley, 2018).

Check out the experience with photos and videos here:

A Day in the Life of JTF West

Tech Olympic Students

JTF Rehearsal

15-minute Adjudication Performance

Freddie G Awards

PAVE ESSAY CONTEST

Washington, D.C. Metro Area (DC, Maryland, Virginia)

PAVE Essay Contest & Scholarship Program

What is the essay contest?

The PAVE Essay Contest encourages young people to contemplate a future with autonomous vehicles -- and what the technology could mean for their communities. Eligible students will select an essay prompt and write an essay of 1,000 words or fewer. The authors of the top three essays will receive college scholarship awards.

Who can participate?

The contest is open to high school juniors and seniors in the Washington, D.C. Metro area (DC, Maryland, Virginia).

When will the contest be held?

The contest will open on January 25, 2024, and essays will be accepted until 11:59 p.m. PT on March 15, 2024. The winning essays will be announced in late April 2024.

What will the winners receive?

1st Place - $2,500 Scholarship
2nd Place - $1,500 Scholarship
3rd Place - $1,000 Scholarship

How is the contest judged?

A selection committee of AV industry experts will evaluate each submission using this scoring rubric. **Note: All essays will be run through an AI detector, and any submissions found to have used AI technology will be disqualified.**

How do I enter?

Visit https://pavecampaign.org/pave-essay-contest/ where you will find an online submission form. You can find further information on the contest rules and guidelines HERE.

Scholarship Sponsors:

We are incredibly grateful for our generous contest sponsors: STEER, an autonomous vehicle technology company, the Maryland Department of Transportation, and District Department of Transportation.
PAVE is a 501(c)(3) nonprofit whose mission is to improve public understanding of advanced vehicle technologies in order to maximize the potential benefits in safety, mobility and sustainability. PAVE members include automotive manufacturers, technology companies, and nonprofit organizations.

The 2nd Annual PAVE Essay Contest and Scholarship Program encourages high school students to imagine the future with automated vehicles, and write a well-crafted essay about what that could mean for their communities.

Submissions are due March 15, 2024, and winners will be notified in late spring 2024. The top three awardees will win $2500, $1500, and $1000, respectively.

Click here or read the attachment for more information.

Need assistance? Reach out to Dr. Bagley or another staff member.

CLASS OF 2025 ANNOUNCEMENTS

The SEED Foundation Scholarship

SEED
ACHIEVING COLLEGE SUCCESS TOGETHER

SCHOLARSHIP OVERVIEW

The SEED Foundation Scholarship Committee will award up to **21 scholarships for eligible high school juniors attending a school within the SEED network.** The scholarships are designed to help cover a portion of a SEED School student's unmet need for the cost of attendance at right fit college or university. Unmet need is defined as the difference between the total cost of attendance at a college or university and the student's final financial aid package. These awards are often referred to as ***gap*** **scholarships**. **The scholarship will most likely NOT cover the entire difference.**

Pending funding each year, **recipients can renew the scholarship and receive funding for a total of four consecutive years**. The maximum amount of the SEED Foundation Scholarship is determined annually in late spring.

ELIGIBILITY REQUIREMENTS

Applicants must be juniors graduating in June 2025 at The SEED School of Washington, D.C., The SEED School of Maryland, or The SEED School of Miami. **Applicants who receive the award must immediately enroll the fall after their June 2025 graduation in a full-time undergraduate program at a right fit college or university**. Recipients will need to meet additional requirements before receiving their scholarship (e.g. attend SGI, attend a summer scholarship meeting, provide financial aid award letter, account balance, etc.). Right fit colleges and universities are those that meet SEED's criteria for college fit and match.

APPLICATION and AWARD PROCESS

- Scholarship recipients are selected based on their **application form, essays, and interview**. Applicants will be notified about decisions in **May 2024**.
- Applicants that submit completed applications by the specified due dates will be eligible to move forward to the 2nd round interview. Applicants will be contacted by The SEED Foundation to arrange for a **panel interview** with The SEED Foundation Scholarship Committee.
- **The SEED Foundation Scholarship application opens January 26, 2024. The application will close March 22, 2024. NO LATE APPLICATIONS WILL BE ACCEPTED. Listed below are directions to complete the process.**
    - **On January 26th, by 5:00pm**, students will be emailed the link to The SEED Foundation Scholarship application. Students must submit ALL sections of the application with correct information **by March 22nd, at 5:00pm**, for their application to be considered complete.
    - Once students have successfully submitted their application, they will get an email, from The SEED Foundation Scholarship Committee, confirming their application has been received.

The SEED Foundation
pmartin@seedfoundation.com
202-743-0518

The SEED Foundation Scholarship

SEED
ACHIEVING COLLEGE SUCCESS TOGETHER

WHEN IS MY SEED FOUNDATION SCHOLARSHIP APPLICATION COMPLETE?

Submitting The SEED Foundation Scholarship application is **part one** of completing The SEED Foundation Scholarship.

The SEED Foundation Scholarship application sections are:

1. **Personal Information**
2. **Photo (in professional dress)**
3. **Parent/Caregiver Information**
4. **Activities**
5. **Essay Response #1**
6. **Essay Response #2**

THE SEED FOUNDATION SCHOLARSHIP ESSAY REQUIREMENTS

Please respond to both essays in your application submission.

Essay Response #1: Activities
Please respond to the following essay question in 250 - 300 words in a Microsoft Word document.

Referring to your activities list above, please choose one activity and explain how it has impacted your life.

Essay Response #2: Seed Experience
Please respond thoughtfully to the following essay question in 500-600 words in a Microsoft Word document.

How has your experience at SEED played a role in making you an outstanding candidate for college and The SEED Foundation Scholarship? What other accomplishments have also contributed to your future success in college?

Please take the time to write and edit thoughtful essay responses that meet the above requirements. **Students are strongly encouraged to have a SEED staff member review and provide feedback on their scholarship essays.**

The SEED Foundation
pmartin@seedfoundation.com
202-743-0518

MARYMOUNT UNIVERSITY SUMMER RESIDENTIAL PROGRAM FROM JULY 7-20, 2024

MARYMOUNT UNIVERSITY

Summer Institute 2024

MARYMOUNT UNIVERSITY
Summer Institutes
JULY 7, 2024
JULY 20, 2024
Learn with purpose

July 7 – July 20th

2-week intensive courses earning three credits. Class runs 9 am – 5 pm. Evening assignments, field trips, and group activities are included, and students live in the dorms. Commuter and residential options.

Introduction to Criminal Justice

Live and learn in community

Maker-neering – Engineering with Maker Tools

Experience a college-level course

Introduction to Media Communication

Earn college credit that can transfer with you.

www.marymountlearnwithpurpose.com

APPLY NOW

DC DUAL ENROLLMENT CONSORTIUM PROGRAM - APPLICATION DEADLINE: 2/23/2024

Office of the State Superintendent of Education

DISTRICT OF COLUMBIA DUAL ENROLLMENT CONSORTIUM PROGRAM

The DC Dual Enrollment Consortium Program allows students to earn college credit at local colleges in the Washington, DC area!

Attend classes at any of our partner colleges:

- American University
- Bard College
- Bay Atlantic University
- Bowie State University
- Catholic University of America-Metropolitan School of Professional Studies
- George Mason University
- Marymount University
- Montgomery College
- Northern Virginia Community College
- Prince George's Community College
- Trinity Washington University
- University of the District of Columbia-Flagship campus
- Virginia State University

Why participate in dual enrollment?

- Be college ready. You'll be better prepared for your first year of college.
- The program is free!
- College credits earned through our program are often transferable to other colleges.

SCAN HERE
TO LEARN MORE AND APPLY!

APPLICATION REQUIREMENTS

Prepare and scan ALL the following documents with the support of your school counselor:

- Student transcript;
- A copy of
  - Student GED Ready scores, **OR**
  - SAT or ACT scores;
- Essay;
- Teacher Recommendation Form;
- Counselor or Principal Recommendation Form; and
- Signed Released of Information Form.

APPLICATION TIMELINE

APPLICATION OPENS JAN. 10, 2024

STUDENT APPLICATIONS DUE FEB. 23, 2024

DECISIONS RELEASED MARCH 12, 2024

ELIGIBILITY REQUIREMENTS

Students must be 9th, 10th or 11th graders and must attend a DC public or public charter school.

Adult students seeking a GED must score a 145 or higher on two GED Ready tests, one of which must be Reasoning Through Language Arts.

To learn more about the DC Dual Enrollment Consortium Program including detailed eligibility requirements per partner college, contact your college counselor or visit bit.ly/DCDualEnrollment.

Students interested in being a LearnServe Fellow should see Dr. Bagley or Ms. Grant, ASAP. Applications are still being accepted.

Click the flier to the right to apply online.

FULL UNIFORM COMPLIANCE EXPECTED

Please continue to check your scholar's luggage to ensure they have enough uniforms for the entire week, and remind them that bonnets, ski masks, or any other headgear are to be left in the dormitory and not worn during the academic day.

Also, continue to stress to them the importance of turning in cellphones before leaving the residence halls. Cellphones will be returned at the end of the academic day, upon their return to the residence halls.

Thank you for your continued partnership & support!

UNIFORM POLICY

The SEED Uniform Policy

All SEED scholars are expected to be in the full appropriate SEED uniform throughout the academic day. The SEED uniform contributes to ensuring a safe and secure campus in addition to the overall sense of unity as a school community. It enhances the learning atmosphere, adds a sense of pride, and promotes respect for oneself and others. It also builds school and community spirit, and, more significantly, helps to maintain high academic standards and social-emotional development among scholars.

Scholars must check into school with the appropriate number of uniforms for the week and have appropriate clothing for the boarding program. Each week at check-in, student life staff will make every effort to ensure that scholars are properly outfitted for the week, although it is the responsibility of parents and scholars to come to campus fully prepared for the week ahead. In the event your child is not properly outfitted for the week, parents will be called and asked to bring appropriate uniforms and other clothing to campus by 7:00 a.m. the next morning.

Scholars will not be allowed off the residence hall floor without being in proper SEED uniform. If for some reason, scholars make it off the residence hall floor without the appropriate uniform item(s), parents should expect to receive a call regarding their child's uniform violation.

In the event that a scholar does not have the appropriate uniform at school, parents will be expected to bring their child all of the needed uniform pieces.

Scholars not in proper school uniform during the academic day will receive a disciplinary response from an administrator.

SEED UNIFORM	
Shirts	• All school scholars must wear a burgundy polo shirt that bears the SEED DC logo. • Shirts must be tucked in at ALL times. • Seniors may wear the striped senior oxford
Pants/Skirts/Shorts	• Tan khaki uniform pants, skirts, shorts or jumpers (knee length only) must be worn throughout the school year. • All tan khaki pants and shorts must have belt loops. • Tan khaki uniform shorts may only be worn as a part of the fall uniform (August – Thanksgiving Break) and as a part of the spring uniform (Spring Break – June).
Belts	• Belts must be worn with pants, shorts or skirts with belt loops. • Belt buckles must be plain and appropriate.
Head Gear	• Scholars cannot wear any of the following headgear: baseball caps, skull caps, doo-rags, head wraps, bonnets, hair curlers, scarves of any kind, or knitted caps. • Scholars are permitted to wear any solid color headband
Outerwear	• Scholars may ONLY wear SEED uniform sweaters, sweatshirts and/or fleece jackets as sold at Risse Brothers, located at 9700 Martin Luther King Jr. Hwy B, Lanham, MD 20706. • Scholars must wear polo's underneath ALL outerwear. • Scholars are not allowed to wear hooded sweatshirts
Shoes	• Scholars can wear shoes of their choice with the exceptions listed below. • Scholars may not wear high heel shoes or wedges (exceeding 1") flip-flops, sandals, slippers, or any other open-toed or heel out shoes.
Physical Education	• All scholars must change into athletic skid-free sneakers, a t-shirt, and athletic shorts (must be knee-length) and/or sweatpants.

Clothing, jewelry, or appearances that are determined to be distracting to the learning environment will not be permitted.

Purchasing Uniforms

All SEED uniform items, with the exception of khaki belt loop pants and skirts, must be purchased from Risse Brothers. Khaki belt loop pants and skirts may be purchased from Old Navy, JCPenney, Parker Uniform, or other department stores.

Should the parent/guardian need assistance purchasing, please contact the Office of Family & Community Engagement at (202) 248-3005.

STUDENT LIFE DEPARTMENT UPDATES & REMINDERS

- Parents are not permitted on campus during check-in.
- Students are only permitted to check-in with **ONE** duffle bag/suitcase, **ONE** backpack, and **ONE** grocery bag for snacks. Additional bags or items are not permitted.
- Students' snacks should be turned in to their Youth Development Educator (YDE) to be stored in the pantry, not in their dorm room.
- Students are not permitted to visit each others' dorm rooms.
- Students are not permitted to access the dormitory during the academic day for any reason.
- Students are not permitted to order outside food while on campus (with the exception of pre-approved special occasions and events).
- Parents and families are also not permitted to bring outside food to students.
- Students are not permitted to leave campus without permission or for non-emergencies for any reason.
- All students and guests are required to undergo bag and security checks.
- No weapons permitted, this includes the following: self-defense objects, knives, tasers, pepper spray, mace, ice breakers, rattail combs w/metal tips, etc.
- No Drugs Permitted (including OTC meds): Prescription medication must be turned in to the school nurse upon entry & must be accompanied by Medication Authorization Form signed by a doctor.
- **Item Drop-offs:** If you have items that you need to drop off to your scholar, please do so before 9 p.m. Security will contact the appropriate adult to pick it up for them or have your student to pick it up.

STAYING HEALTHY & SAFE

Dear SEED Community,

The SEED School continues to anchor our health and safety measures to current guidance from the Centers for Disease Control (CDC), DC Health, and the Office of the State Superintendent of Education (OSSE). SEED policies will continue to be reviewed or adjusted for School Year 2023-2024 to address shifts in public health guidance.

Currently, there is a nationwide increase in COVID cases, and it is important to continue to minimize the spread within the SEED community.

Please note the following:

Masking is currently optional at SEED DC.

*

COVID-19 vaccination is not required but continues to be encouraged.

*

Scholars/Staff should stay home when sick.

*

SEED will continue to test scholars/staff that present symptoms while on campus.

WELLNESS SUITE MEDICATION REQUIREMENTS

Please be reminded that that only parents/guardians/caregivers or authorized adults can bring medication to the Wellness Suite. Medication will not be accepted from students and students are not allowed to carry medication on their person, with the exception of an asthma inhaler.

In order for the school to administer prescription medication, a ***medical authorization form*** must be filled out by the doctor. Parents must also sign the form before school medical personnel can administer medication. Only creams, antibiotics, or medical equipment will be sent home on Fridays during checkout and that no student will be allowed to take medication home. Be sure to request for your pharmacist to divide the medication in two (2) bottles, one to keep at home and one to be left at school. Also we have over the counter medications here and all parents should fill out the form if their student needs to take any over the counter medications. All of the medical forms mentioned here can be found on the ***health & wellness suite page*** of the school website.

Click here to review the full ***medication policy***.

Thank you,

The Wellness Team:
Nrs. Colbert & Ms. Faison
202-248-3008 (phone)
202-318-8625 (fax)

PowerSchool Portal for Parents & Families

The SEED School of Washington, D.C. is proud to offer a tool that parents and family members may use to stay connected to their scholar and their school.

The PowerSchool Parent & Family Portal gives you real-time access to valuable information such as grades, assignment details, & messages from teachers.

Through the portal, view your scholar's:

- **ACADEMIC HISTORY**
- **TEST RESULTS**
- **ATTENDANCE**
- **& MORE!**

You can log in any time from any computer, tablet, or mobile phone.

GET ALERTS VIA:

TEXT **PHONE** **EMAIL**

Receive alerts about attendance, school events, & weather-related closures.

Turn over for more info on how to set up your Parent Portal,

Parent & Family Portal: Getting Started

How do I sign up for the Parent & Family Portal & set up my account? You must have a personal email address to sign up for a Parent & Family Portal account.
You can register for a free email account using Gmail, Outlook, Yahoo, or a similar service..

1

WHERE DO I START?

Visit https://seedschool.powerschool.com/public/

- Click "Create an account"
- Enter your first & last name and email address
- Create a password - at least 6 characters
- Re-enter password
- Enter student's name (If you have multiple student's @ SEED, each will have their own access ID & password)

2

HAVE YOUR CONFIDENTIAL ID READY

- Enter Confidential ID (provided by school)
- Enter Access Password (provided by school)
- Select appropriate relationship to student

Once completed, you will be taken to the login page of the Parent & Family Portal

3

DOWNLOAD THE MOBILE APP

- App Store or Play Store
- Enter district code: **FQGN**
- Click Continue
- Enter Confidential ID
- Enter Password
- You're all set to go!

Still need help?

Contact the registrar:

ctyson@seedschooldc.org