

# THE WEEKLY FALCON

for the week of 1/21/2024



## NEWS FROM THE NEST

Flexibility and Resilience. . .

Happy Sunday Falcon Families!

We are on the cusp of another positive, productive week at The SEED Public Charter School of Washington, D.C.! Last week was dynamic and eventful to say the least, as we navigated the unexpected and swift inclement weather conditions. Thank you to all of you who continue to work with us in our attempt to ensure that safety remains our highest priority. Our scholars who were able to return last Tuesday evening, I am grateful. For those of you who had adjust your schedules to coincide with our early dismissal on Thursday evening, thank you. Your sons and daughters are flexible and resilient, reminding us daily, why we must always ensure the opportunities and experiences they have our meaningful, intentional and well executed.

This week we will continue with an incredibly successful run at our Winter MAP Assessment window. The majority of our freshman and sophomores have completed both parts of the testing with flying colors. We have not had one student register as a rapid guesser, a testimony to the preparation, and pre-work, led by our Academic Leadership Team. We worked diligently to ensure that all team members, both our classroom staff, and our student life staff, are well informed, and personally invested in the outcomes of each of our scholars. Beginning tomorrow, both our juniors and seniors will be required to take the ELA and math assessments. Please emphasize with your scholar the importance of this opportunity as it allows us to determine where they are academically and what areas of growth and mastery we need to focus on as we continue the school year. I will continue to ensure that we send a consistent and solid message to our scholars and families about the importance of testing and mastery. Both of these experiences are critical components of college readiness.

This is a particularly important week at SEED DC, as we will have a team of external evaluators on campus Tuesday, Wednesday, and Thursday to analyze and provide feedback on all aspects of our educational environment. This network-wide Annual School Review (ASR) is a tremendous opportunity for us to reflect, listen, and determine the most effective ways to move forward, providing our scholars with an exceptional college-preparatory journey throughout their high school years.

I am fully aware we will have both celebrations and aspects of our current practices that will demand additional attention and restructuring. I am fervently committed to creating a setting that embodies the vision and mission of our founders on a daily basis, with excellence as the only option. I will be sharing with our families the outcomes of this evaluation, as well as our purposeful plans for the future in a small group, open-discussion format. Please watch for this opportunity in the coming weeks.

I hope everyone is staying warm and safe throughout this frigid chapter. I am looking forward to resuming our schedule this evening with the traditional, mandatory Sunday Check-In. Please note, this is an incredibly important part of the scholars experience as we prepare for the week ahead in a collective community format. We appreciate your support and ongoing efforts to ensure we are serving our scholars at the highest level as we ready them for success today, tomorrow, and far into the future.

Warmly,  
Ms. Hood

## Upcoming Events

- **1/22:** MAP testing continued - Grades 11 & 12
- **1/26:** End of Quarter 2
- **1/26:** Class of 2025 SEED Foundation Scholarship application opens
- **2/11:** No Sunday Check-in
- **2/12:** Monday Morning Check-in: 6 - 7:30 a.m.
- **2/16-19:** Mid-Winter Break - School Closed

Click here to download the revised: [School Calendar](#).

## CLASS OF 2024 SCHOLARSHIPS AWARDED TO DATE



**The CLASS OF 2024  
TOTAL AWARD AMOUNT  
SCHOLARSHIP OFFERS TOTAL  
to  
\$2,395,500.00 AS OF  
1/21/2024!!!**



Please note the following students listed above have reported their college decisions received so far. All college admission decisions and scholarships offer should be reported to Ms. Tull when received. Congratulations again to the Class of 2024 and keep reporting!!!

# JANUARY SOCIAL EMOTIONAL GUIDE

# SAWUBONA

SEL DIRECTOR  
RANDEE GRANT

## SEED DC MONTHLY SEL GUIDE

Vol.1  
JANUARY 2024

### A YEAR OF GROWTH AND CONNECTION

IN THIS INAUGURAL ISSUE OF SAWUBONA, WE EMBARK ON A YEAR-LONG JOURNEY FOCUSING ON THE CASEL CORE COMPETENCIES, STARTING WITH JANUARY'S THEME: RELATIONSHIP SKILLS. THIS MONTH, WE DIVE DEEP INTO THE ART OF BUILDING AND NURTURING HEALTHY, SUPPORTIVE RELATIONSHIPS, ESSENTIAL FOR PERSONAL AND COMMUNITY WELLBEING.



CASEL 5 CORE  
COMPETENCIES

## RELATIONSHIP SKILLS

How does CASEL define relationship skills?

The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.

## GRATITUDE

We show GRATITUDE by extending kindness and expressing appreciation for the gifts, time, and talent of others.



SEED CORE  
VALUES



WELL MANAGED  
SCHOOLS

## SOCIAL SKILLS FOCUS

1. Being on Time
2. Being Prepared for Class
3. Complying to a Reasonable Request
4. Persevering on Tasks and Activities
5. Following Through on Agreements and Contracts
6. Adjusting Behavior Based on Social Cues

MARYMOUNT UNIVERSITY SUMMER RESIDENTIAL PROGRAM FROM JULY 7-20, 2024



MARYMOUNT  
UNIVERSITY



# Summer Institute 2024



## July 7 – July 20th

2-week intensive courses earning three credits. Class runs 9 am – 5 pm. Evening assignments, field trips, and group activities are included, and students live in the dorms. Commuter and residential options.

**Introduction to  
Criminal Justice**

Live and learn in  
community

**Maker-neering –  
Engineering –  
with Maker  
Tools**

Experience a college-  
level course

**Introduction to Media  
Communication**

Earn college credit that  
can transfer with you.



[www.marymountlearnwithpurpose.com](http://www.marymountlearnwithpurpose.com)

**APPLY NOW**

# DC DUAL ENROLLMENT CONSORTIUM PROGRAM - APPLICATION DEADLINE: 2/23/2024



Office of the State  
Superintendent of Education

## DISTRICT OF COLUMBIA DUAL ENROLLMENT CONSORTIUM PROGRAM

The DC Dual Enrollment Consortium Program allows students to earn college credit at local colleges in the Washington, DC area!

### Attend classes at any of our partner colleges:

- American University
- Bard College
- Bay Atlantic University
- Bowie State University
- Catholic University of America-Metropolitan School of Professional Studies
- George Mason University
- Marymount University
- Montgomery College
- Northern Virginia Community College
- Prince George's Community College
- Trinity Washington University
- University of the District of Columbia-Flagship campus
- Virginia State University

### Why participate in dual enrollment?

- Be college ready. You'll be better prepared for your first year of college.
- The program is free!
- College credits earned through our program are often transferable to other colleges.



SCAN HERE  
TO LEARN MORE AND APPLY!

### APPLICATION REQUIREMENTS

Prepare and scan ALL the following documents with the support of your school counselor:

- Student transcript;
- A copy of
  - Student GED Ready scores, OR
  - SAT or ACT scores;
- Essay;
- Teacher Recommendation Form;
- Counselor or Principal Recommendation Form; and
- Signed Released of Information Form.

### APPLICATION TIMELINE

APPLICATION OPENS JAN. 10, 2024

STUDENT APPLICATIONS DUE FEB. 23, 2024

DECISIONS RELEASED MARCH 12, 2024

### ELIGIBILITY REQUIREMENTS

Students must be 9<sup>th</sup>, 10<sup>th</sup> or 11<sup>th</sup> graders and must attend a DC public or public charter school.

Adult students seeking a GED must score a 145 or higher on two GED Ready tests, one of which must be Reasoning Through Language Arts.

To learn more about the DC Dual Enrollment Consortium Program including detailed eligibility requirements per partner college, contact your college counselor or visit [bit.ly/DCDualEnrollment](https://bit.ly/DCDualEnrollment).

# CLASS OF 2025 ANNOUNCEMENTS



## The SEED Foundation Scholarship

### SCHOLARSHIP OVERVIEW

The SEED Foundation Scholarship Committee will award up to **21 scholarships for eligible high school juniors attending a school within the SEED network**. The scholarships are designed to help cover a portion of a SEED School student's unmet need for the cost of attendance at right fit college or university. Unmet need is defined as the difference between the total cost of attendance at a college or university and the student's final financial aid package. These awards are often referred to as **gap scholarships**. **The scholarship will most likely NOT cover the entire difference.**

Pending funding each year, **recipients can renew the scholarship and receive funding for a total of four consecutive years**. The maximum amount of the SEED Foundation Scholarship is determined annually in late spring.

### ELIGIBILITY REQUIREMENTS

Applicants must be juniors graduating in June 2025 at The SEED School of Washington, D.C., The SEED School of Maryland, or The SEED School of Miami. **Applicants who receive the award must immediately enroll the fall after their June 2025 graduation in a full-time undergraduate program at a right fit college or university**. Recipients will need to meet additional requirements before receiving their scholarship (e.g. attend SGI, attend a summer scholarship meeting, provide financial aid award letter, account balance, etc.). Right fit colleges and universities are those that meet SEED's criteria for college fit and match.

### APPLICATION and AWARD PROCESS

- Scholarship recipients are selected based on their **application form, essays, and interview**. Applicants will be notified about decisions in **May 2024**.
- Applicants that submit completed applications by the specified due dates will be eligible to move forward to the 2<sup>nd</sup> round interview. Applicants will be contacted by The SEED Foundation to arrange for a **panel interview** with The SEED Foundation Scholarship Committee.
- **The SEED Foundation Scholarship application opens January 26, 2024. The application will close March 22, 2024. NO LATE APPLICATIONS WILL BE ACCEPTED. Listed below are directions to complete the process.**
  - **On January 26th, by 5:00pm**, students will be emailed the link to The SEED Foundation Scholarship application. Students must submit ALL sections of the application with correct information **by March 22nd, at 5:00pm**, for their application to be considered complete.
  - Once students have successfully submitted their application, they will get an email, from The SEED Foundation Scholarship Committee, confirming their application has been received.

The SEED Foundation  
[pmartin@seedfoundation.com](mailto:pmartin@seedfoundation.com)  
202-743-0518

# CLASS OF 2025 ANNOUNCEMENTS

## The SEED Foundation Scholarship



### WHEN IS MY SEED FOUNDATION SCHOLARSHIP APPLICATION COMPLETE?

Submitting The SEED Foundation Scholarship application is **part one** of completing The SEED Foundation Scholarship.

The SEED Foundation Scholarship application sections are:

1. Personal Information
2. Photo (in professional dress)
3. Parent/Caregiver Information
4. Activities
5. Essay Response #1
6. Essay Response #2

### THE SEED FOUNDATION SCHOLARSHIP ESSAY REQUIREMENTS

*Please respond to both essays in your application submission.*

#### **Essay Response #1: Activities**

**Please respond to the following essay question in 250 - 300 words in a Microsoft Word document.**

*Referring to your activities list above, please choose one activity and explain how it has impacted your life.*

#### **Essay Response #2: Seed Experience**

**Please respond thoughtfully to the following essay question in 500-600 words in a Microsoft Word document.**

*How has your experience at SEED played a role in making you an outstanding candidate for college and The SEED Foundation Scholarship? What other accomplishments have also contributed to your future success in college?*

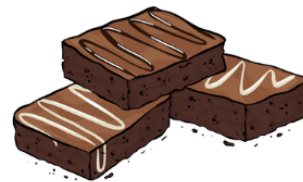
Please take the time to write and edit thoughtful essay responses that meet the above requirements. **Students are strongly encouraged to have a SEED staff member review and provide feedback on their scholarship essays.**

The SEED Foundation  
[pmartin@seedfoundation.com](mailto:pmartin@seedfoundation.com)  
202-743-0518

# Monthly Attendance Incentives

OCTOBER

Brownies



NOVEMBER

Hot  
Chocolate



DECEMBER

Movie Day



DECEMBER

Doughnuts



FEBRUARY

Fidget Toy



SCHOLARS WHO ARE PRESENT EVERY DAY FOR THE MONTHS LISTED WILL RECEIVE AN INCENTIVE. INCENTIVES ARE SUBJECT TO CHANGE.

QUESTIONS, PLEASE SEE MS. HOLLOWAY

This is a reminder that in efforts to hold our scholars accountable, you will continue to receive an attendance alert for every period your scholar is marked absent. Please use this weekend to speak to your scholar (s) about the importance of showing up to class on time, prepared and ready to learn. Remember that every day counts! Scholars who are present everyday will receive an incentive at the end of each month.



# FULL UNIFORM COMPLIANCE EXPECTED

Please continue to check your scholar's luggage to ensure they have enough uniforms for the entire week, and remind them that bonnets, ski masks, or any other headgear are to be left in the dormitory and not worn during the academic day.

## UNIFORM POLICY

### The SEED Uniform Policy

All SEED scholars are expected to be in the full appropriate SEED uniform throughout the academic day. The SEED uniform contributes to ensuring a safe and secure campus in addition to the overall sense of unity as a school community. It enhances the learning atmosphere, adds a sense of pride, and promotes respect for oneself and others. It also builds school and community spirit, and, more significantly, helps to maintain high academic standards and social-emotional development among scholars.

Scholars must check into school with the appropriate number of uniforms for the week and have appropriate clothing for the boarding program. Each week at check-in, student life staff will make every effort to ensure that scholars are properly outfitted for the week, although it is the responsibility of parents and scholars to come to campus fully prepared for the week ahead. In the event your child is not properly outfitted for the week, parents will be called and asked to bring appropriate uniforms and other clothing to campus by 7:00 a.m. the next morning.

Scholars will not be allowed off the residence hall floor without being in proper SEED uniform. If for some reason, scholars make it off the residence hall floor without the appropriate uniform item(s), parents should expect to receive a call regarding their child's uniform violation.

In the event that a scholar does not have the appropriate uniform at school, parents will be expected to bring their child all of the needed uniform pieces.

+ Scholars not in proper school uniform during the academic day will receive a disciplinary response from an administrator.

SEED UNIFORM	
Shirts	<ul style="list-style-type: none"><li>All school scholars must wear a burgundy polo shirt that bears the SEED DC logo.</li><li>Shirts must be tucked in at ALL times.</li><li>Seniors may wear the striped senior oxford</li></ul>
Pants/Skirts/Shorts	<ul style="list-style-type: none"><li>Tan khaki uniform pants, skirts, shorts or jumpers (knee length only) must be worn throughout the school year.</li><li>All tan khaki pants and shorts must have belt loops.</li><li>Tan khaki uniform shorts may only be worn as a part of the fall uniform (August – Thanksgiving Break) and as a part of the spring uniform (Spring Break – June).</li></ul>
Belts	<ul style="list-style-type: none"><li>Belts must be worn with pants, shorts or skirts with belt loops.</li><li>Belt buckles must be plain and appropriate.</li></ul>
Head Gear	<ul style="list-style-type: none"><li>Scholars cannot wear any of the following headgear: baseball caps, skull caps, doo-rags, head wraps, bonnets, hair curlers, scarves of any kind, or knitted caps.</li><li>Scholars are permitted to wear any solid color headband</li></ul>
Outerwear	<ul style="list-style-type: none"><li>Scholars may ONLY wear SEED uniform sweaters, sweatshirts and/or fleece jackets as sold at Risse Brothers, located at 9700 Martin Luther King Jr. Hwy B, Lanham, MD 20706.</li><li>Scholars must wear <u>polo's</u> underneath ALL outerwear.</li><li>Scholars are not allowed to wear hooded sweatshirts</li></ul>
Shoes	<ul style="list-style-type: none"><li>Scholars can wear shoes of their choice with the exceptions listed below.</li><li>Scholars may not wear high heel shoes or wedges (exceeding 1") flip-flops, sandals, slippers, or any other open-toed or heel out shoes.</li></ul>
Physical Education	<ul style="list-style-type: none"><li>All scholars must change into athletic skid-free sneakers, a t-shirt, and athletic shorts (must be knee-length) and/or sweatpants.</li></ul>

Clothing, jewelry, or appearances that are determined to be distracting to the learning environment will not be permitted.

### Purchasing Uniforms

All SEED uniform items, with the exception of khaki belt loop pants and skirts, must be purchased from Risse Brothers. Khaki belt loop pants and skirts may be purchased from Old Navy, JCPenney, Parker Uniform, or other department stores.

*\*Should the parent/guardian need assistance purchasing, please contact the Office of Family & Community Engagement at (202) 248-3005.*

# ATHLETIC SCHEDULES

## VARSITY BOYS 2023-2024

**SEED FALCONS** **PCSAA**

12/1-2	GEORGETOWN DAY INVITATIONAL
12/5	@ PARKDALE - 7PM
12/7	@FRIENDSHIP TECH PREP - 7PM
12/8	@EASTERN - 7:30PM
12/14	VS IDEA - 7:30PM*
12/15	@KIPP COLLEGE PREP - 7PM
12/19	VS DIGITAL PIONEERS - 6:30PM*
12/20	@CARROLL - 6:30PM
1/4	VS RICHARD WRIGHT - 7:30PM*
1/8	@SEED MD - 7PM
1/9	@KIPP LEGACY - 7:30PM*
1/11	VS DCI - 7:30PM*
1/16	VS BASIS - 7:30PM*
1/18	@CAPITAL CITY - 7:30PM*
1/19	@WASHINGTON LATIN - 7:30PM*
1/23	VS EL HAYNES - 7:30PM*
1/25	VS KIPP LEGACY - 7:30PM*
1/26	@CESEAR CHAVEZ - 7:30PM
1/30	@ROOSEVELT - 7:30PM
2/1	@RICHARD WRIGHT - 5PM*
2/2	@GLENELG COUNTY - 6PM
2/6	@IDEA - 7:30PM*
2/8	VS WASHINGTON LEADERSHIP - 7:30PM*
2/9	@DIGITAL PIONEERS - 6PM*

\*LEAGUE GAME\*

ALL GAMES STREAMED LIVE ON WWW.NFHS.COM

## 2023-2024 SCHEDULE

**SEED FALCONS** **PCSAA**

12/1-2	MODEL INVITATIONAL	1/16	VS BASIS - 5:30PM*
12/6	VS COOLIDGE - 5:30PM	1/18	@CAPITAL CITY - 5:30PM*
12/8	VS CESEAR CHAVEZ - 4PM	1/19	@WASHINGTON LATIN - 5:30PM*
12/14	VS IDEA - 5:30PM*	1/23	VS GIRLS GLOBAL - 5:30PM*
12/15	@KIPP COLLEGE PREP - 5PM	1/25	VS KIPP LEGACY - 5:30PM*
1/4	VS RICHARD WRIGHT - 5:30PM*	2/1	@RICHARD WRIGHT - 5:30PM*
1/5	VS BOWIE - 5:30PM	2/2	@FRIENDSHIP TECH PREP - 5PM
1/8	@SEED MD - 5PM	2/6	@IDEA - 5:30PM*
1/9	@KIPP LEGACY - 5:30PM*	2/8	VS WLA - 5:30PM*
1/11	VS DCI - 5:30PM*		
1/12	VS JACKSON-REED - 5PM		

\*LEAGUE GAME\*

ALL GAMES STREAMED LIVE ON WWW.NFHS.COM

## 2023-2024 SCHEDULE

**SEED FALCONS** **PCSAA**

12/5	@PARKDALE - 5:30PM
12/7	@FRIENDSHIP TECH PREP - 5PM*
12/8	@EASTERN - 5:30PM
12/11	VS GLENELG - 4PM
12/12	@PAUL PCS - 4PM*
12/14	VS IDEA PCS - 4PM*
12/18	VS DCI PCS - 4PM*
12/19	VS DIGITAL PIONEERS - 5PM*
1/3	@SEED MD - TBA
1/5	VS BOWIE - 4:30PM
1/9	@FRIENDSHIP COLLEGIATE - 4PM*
1/12	@KIPP COLLEGE PREP - 4PM*
1/19	@WASHINGTON LATIN - 4PM*
1/25	VS KIPP LEGACY - 4PM*
1/26	@CESEAR CHAVEZ - 4:30PM

\*LEAGUE GAME\*

ALL GAMES ARE STREAMED LIVE ON WWW.NFHS.COM



ARE YOU IN HIGH SCHOOL? EAGER TO CHANGE THE WORLD, AT HOME OR ABROAD?

JOIN LEARNSERVE FELLOWS!

LearnServe International brings together high school students from D.C., Maryland and Virginia to come up with ideas and launch businesses that make real impact on issues like climate change, racial equality and social justice. And we're also connecting with local students in Zambia, Paraguay and South Africa to tackle worldwide challenges!

We're seeking dedicated youth from public, independent and charter schools in DC, Maryland, and Virginia that have a passion to create social change with a community of peers. Join an important and committed community of alumni and mentors with LearnServe!

LearnServe gave me a newfound perspective on how I approach social problems, and gave me the tools to find solutions.

HANNAH, LearnServe Fellow 2020

Students interested in being a LearnServe Fellow should see Dr. Bagley or Ms. Grant, ASAP. Applications are still being accepted.

Click the flier to the right to apply online.

FELLOWS PROGRAM

Tackle a social issue that makes you mad and create an innovative solution in your community while connecting with like-minded peers across the region! Gain an in-depth understanding of how to design and launch a social venture, combining business and changemaking skills to make an impact. All LearnServe Fellows can receive up to 50 community service hours upon completion of the program.

WHEN

September - March

- In-Person/hybrid weekly sessions
Wednesdays, 2:30-4:30 or Thursdays, 4:30-6:30pET
Location TBD (in downtown DC)

PROGRAM COST

\$50 - \$1,250 sliding scale enrollment fee. Enrollment fee dependent on household financial circumstances. Financial circumstances do not factor into application consideration or program acceptance.

REQUIREMENTS

No prior experience necessary. LearnServe Fellows are curious about the world, open to and excited about meeting people with different perspectives, and determined to make a difference on the issues that matter most.

HOW TO APPLY

Apply online at learnserve.org/fellows by Friday, September 1



OUR IMPACT

- 84% of alumni say LearnServe empowered them to take action beyond our programs.
82% of students volunteer after LearnServe, over half of them serving in leadership roles.
95% mention LearnServe on their college applications.

"It's hard for teenagers like us to get our thoughts out, because we're not taken seriously. It is great to have that chance through LearnServe."

DEMIA, LearnServe Fellow 2020

VISIT US

To learn more about our programs and application deadlines and to read stories from our student alumni, visit www.learn-serve.org or contact our Office Manager, Latoya Felder at latoya@learn-serve.org.

# ATTENDANCE GUIDELINES

## EARLY DISMISSALS AND PLANNED ABSENCES

In the event, a scholar needs to leave campus during the school week and will miss any part of the school programming (academic or student life), including Sunday check-in, families should send an email to [attendance@seedschooldc.org](mailto:attendance@seedschooldc.org). The email should include the following:

1. Scholar's name
2. Date(s) of absences
3. Date and time of pick-up and drop-off
4. Name of an adult who will pick up the scholar (proof of identification will be required)
5. If student is departing on their own, please indicate the mode of travel (Uber, Lyft, Metro, etc.)
6. Reason for absence/appointment

### **Please note:**

All communication regarding absences must be submitted in written form by the parent/guardian/caregiver on file. SEED DC will not allow a scholar to leave campus without a prior written communication from the parent/guardian/caregiver on file.

Scholars must be signed out at the front desk in the lobby for early dismissal and signed in when returning to campus. All written communication should be sent to

[attendance@seedschooldc.org](mailto:attendance@seedschooldc.org) and should include the time the student will depart and return, mode of transportation, and contact information for an adult authorized to pick the student up.

This includes transportation via Metro, Uber, Lyft, or riding with other families.

Staff may be directed to conduct a follow-up phone call, to confirm details or ask clarifying questions. When a scholar returns to campus following a medical visit, a signed medical note from the medical facility must be presented to the receptionist stating the reason for the absence.

***If a scholar needs to leave early on a Friday, families should send an email to [attendance@seedschooldc.org](mailto:attendance@seedschooldc.org) no later than 8 p.m. on Thursday evening.***

Student Life staff will be notified to have scholars bring their belongings from the residence halls in the morning to place in the academic building.

Please note that emails sent after 8 a.m. will not be honored, as the residence halls are closed from 8 a.m. until student life staff arrives for check-out, 4 p.m. **There is no access to the residence halls before the regular check-out time.**

If you still have to pick-up your scholar, you will have to return to pick up their belongings between 4 p.m. - 5 p.m.

**Absent for three (3) or more days?**

**Please contact the Attendance Coordinator at (202)248-7773 x5116.**

# STUDENT LIFE DEPARTMENT UPDATES & REMINDERS

- Parents are not permitted on campus during check-in.
- Students are only permitted to check-in with **ONE** duffel bag/suitcase, **ONE** backpack, and **ONE** grocery bag for snacks. Additional bags or items are not permitted.
- Students' snacks should be turned in to their Youth Development Educator (YDE) to be stored in the pantry, not in their dorm room.
- Students are not permitted to visit each others' dorm rooms.
- Students are not permitted to access the dormitory during the academic day for any reason.
- Students are not permitted to order outside food while on campus (with the exception of pre-approved special occasions and events).
- Parents and families are also not permitted to bring outside food to students.
- Students are not permitted to leave campus without permission or for non-emergencies for any reason.
- All students and guests are required to undergo bag and security checks.
- No weapons permitted, this includes the following: self-defense objects, knives, tasers, pepper spray, mace, ice breakers, rattail combs w/metal tips, etc.
- No Drugs Permitted (including OTC meds): Prescription medication must be turned in to the school nurse upon entry & must be accompanied by Medication Authorization Form signed by a doctor.
- **Item Drop-offs:** If you have items that you need to drop off to your scholar, please do so before 9 p.m. Security will contact the appropriate adult to pick it up for them or have your student to pick it up.





# STAYING HEALTHY & SAFE

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Dear SEED Community,

The SEED School continues to anchor our health and safety measures to current guidance from the Centers for Disease Control (CDC), DC Health, and the Office of the State Superintendent of Education (OSSE). SEED policies will continue to be reviewed or adjusted for School Year 2023-2024 to address shifts in public health guidance.

Currently, there is a nationwide increase in COVID cases, and it is important to continue to minimize the spread within the SEED community.

Please note the following:

Masking is currently optional at SEED DC.

\*

COVID-19 vaccination is not required but continues to be encouraged.

\*

Scholars/Staff should stay home when sick.

\*

SEED will continue to test scholars/staff that present symptoms while on campus.

# WELLNESS SUITE MEDICATION REQUIREMENTS

Please be reminded that that only parents/guardians/caregivers or authorized adults can bring medication to the Wellness Suite. Medication will not be accepted from students and students are not allowed to carry medication on their person, with the exception of an asthma inhaler.

In order for the school to administer prescription medication, a [medical authorization form](#) must be filled out by the doctor. Parents must also sign the form before school medical personnel can administer medication. Only creams, antibiotics, or medical equipment will be sent home on Fridays during checkout and that no student will be allowed to take medication home. Be sure to request for your pharmacist to divide the medication in two (2) bottles, one to keep at home and one to be left at school. Also we have over the counter medications here and all parents should fill out the form if their student needs to take any over the counter medications. All of the medical forms mentioned here can be found on the [health & wellness suite page](#) of the school website.

Click here to review the full [medication policy](#).

Thank you,

The Wellness Team:

Nrs. Colbert & Ms. Faison

202-248-3008 (phone)

202-318-8625 (fax)

## Maintaining Your MENTAL HEALTH

Need someone to talk to? We're here to help! Certified clinicians are available for you 24/7. Call the Department of Behavioral Health mental health hotline: 1-888-793-4357.

### Tips for Reducing Anxiety:

-  Reach out for help; your mental health is important.
-  Exercise regularly.
-  Limit time spent in public places.
-  If working from home or in self-quarantine, arrange your space so it's calming. Make sure you shower and get dressed like you're going to work.
-  Moderate news intake.
-  Practice deep breathing exercises or other methods of meditation.

CORONAVIRUS.DC.GOV

DC HEALTH  
GOVERNMENT OF THE DISTRICT OF COLUMBIA

GOVERNMENT OF THE DISTRICT OF COLUMBIA  
DC MURIEL BOWSER, MAYOR

# PowerSchool Portal for Parents & Families

*The SEED School of Washington, D.C. is proud to offer a tool that parents and family members may use to stay connected to their scholar and their school.*

*The PowerSchool Parent & Family Portal gives you real-time access to valuable information such as grades, assignment details, & messages from teachers.*

**Through the portal, view your scholar's:**



**ACADEMIC HISTORY**



**TEST RESULTS**



**ATTENDANCE**



**& MORE!**



You can log in any time from any computer, tablet, or mobile phone.

**GET ALERTS VIA:**



**TEXT**



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**Receive alerts about attendance, school events, & weather-related closures.**

Turn over for more info on how to set up your Parent Portal,



# Parent & Family Portal: Getting Started

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How do I sign up for the Parent & Family Portal & set up my account? You must have a personal email address to sign up for a Parent & Family Portal account.

You can register for a free email account using Gmail, Outlook, Yahoo, or a similar service..

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## WHERE DO I START?

Visit <https://seedschool.powerschool.com/public/>

1

- Click "Create an account"
- Enter your first & last name and email address
- Create a password - at least 6 characters
- Re-enter password
- Enter student's name (If you have multiple student's @ SEED, each will have their own access ID & password)

2

## HAVE YOUR CONFIDENTIAL ID READY

- Enter Confidential ID (provided by school)
- Enter Access Password (provided by school)
- Select appropriate relationship to student

Once completed, you will be taken to the login page of the Parent & Family Portal

3

## DOWNLOAD THE MOBILE APP

- App Store or Play Store
- Enter district code: **FQGN**
- Click Continue
- Enter Confidential ID
- Enter Password
- You're all set to go!

Still need help?

Contact the registrar:

[ctyson@seedschooldc.org](mailto:ctyson@seedschooldc.org)