

# THE WEEKLY FALCON

for the week of 1/14/2024



## NEWS FROM THE NEST

The Power of the Dream. . .

Welcome back Falcon Families!

I want to start by sharing that we had an incredibly successful first week back from Winter Break in large part due to the decisions and community mentality so many of our scholars displayed. We knew that our no nonsense approach to both uniforms and cell phones would be an adjustment. We also know these are meaningful shifts if we are to maximize the academic experiences and comprehensive opportunities of our scholars. Please know that the majority of our scholars rose to the occasion, wearing their full uniforms and relinquishing their cell phones upon request. Please remind your student the expectation is that cell phones remain in the secured, individual pouches on their floor. In order to minimize distractions across the academic environment, we are collecting phones in the morning prior to their departure from the dorm. Over the weekend, emphasize the importance of following this universal directive with your son/daughter. We will contact you if there is an issue with your student refusing to cooperate per the policy.

We have several eventful weeks on the horizon. Beginning on Tuesday, freshman will sit for both the Math and English MAP assessment. Similarly, sophomores, juniors and seniors will test the remaining days of the upcoming week. All scholars are required to actively participate in MAP testing as this Important evaluation allows us to gain critical information around both growth and proficiency for each of our learners. Those who miss the test this coming week will be required to participate in make up sessions beyond the school day. Please assist us in emphasizing the importance of doing one's best as this is an important mindset to develop as our scholars prepare for collegiate success.

Finally, we are grateful to the 50+ Howard University students who will spend a portion of Monday on our campus in recognition of the District's annual Day of Service. We have created a variety of beautification and cleaning projects for them to complete as we continue to improve and upgrade our campus. I hope Monday affords all of us the opportunity to pause, reflect and demonstrate both gratitude and sacrifice in honor of the life and journey of the late Dr. Martin Luther King, Jr. He is a reflection of the work we strive to do daily at SEED DC, leveling the playing field by preparing our scholars to compete, achieve and succeed as they maximize their full potential. I am honored to be guiding our school community to new heights, committed to the vision and mission of our founders who saw all the promise and purpose The SEED Model afforded our scholars. Let's choose to persist with tenacity and resilience as we continue to believe in the power of The Dream.

Pursuing Excellence in Every Endeavor,  
Ms. Hood

## Upcoming Events

- **1/15/2024: Dr. Martin Luther King, Jr. Day - School Closed**
- **1/16-26: MAP Testing**
- **1/26: End of Quarter 2**
- **1/26: Class of 2025 SEED Foundation Scholarship application opens**

**Click here to download the revised**  
[School Calendar.](#)

MARYMOUNT UNIVERSITY SUMMER RESIDENTIAL PROGRAM FROM JULY 7-20, 2024



MARYMOUNT  
UNIVERSITY



# Summer Institute 2024



## July 7 – July 20th

2-week intensive courses earning three credits. Class runs 9 am – 5 pm. Evening assignments, field trips, and group activities are included, and students live in the dorms. Commuter and residential options.

### Introduction to Criminal Justice

Live and learn in  
community

### Maker-neering – Engineering – with Maker Tools

Experience a college-  
level course

### Introduction to Media Communication

Earn college credit that  
can transfer with you.



[www.marymountlearnwithpurpose.com](http://www.marymountlearnwithpurpose.com)

**APPLY NOW**

# DC DUAL ENROLLMENT CONSORTIUM PROGRAM - APPLICATION DEADLINE: 2/23/2024



Office of the State  
Superintendent of Education

## DISTRICT OF COLUMBIA DUAL ENROLLMENT CONSORTIUM PROGRAM

The DC Dual Enrollment Consortium Program allows students to earn college credit at local colleges in the Washington, DC area!

### Attend classes at any of our partner colleges:

- American University
- Bard College
- Bay Atlantic University
- Bowie State University
- Catholic University of America-Metropolitan School of Professional Studies
- George Mason University
- Marymount University
- Montgomery College
- Northern Virginia Community College
- Prince George's Community College
- Trinity Washington University
- University of the District of Columbia-Flagship campus
- Virginia State University

### Why participate in dual enrollment?

- Be college ready. You'll be better prepared for your first year of college.
- The program is free!
- College credits earned through our program are often transferable to other colleges.



SCAN HERE  
TO LEARN MORE AND APPLY!

### APPLICATION REQUIREMENTS

Prepare and scan ALL the following documents with the support of your school counselor:

- Student transcript;
- A copy of
  - Student GED Ready scores, **OR**
  - SAT or ACT scores;
- Essay;
- Teacher Recommendation Form;
- Counselor or Principal Recommendation Form; and
- Signed Released of Information Form.

### APPLICATION TIMELINE

APPLICATION OPENS **JAN. 10, 2024**

STUDENT APPLICATIONS DUE **FEB. 23, 2024**

DECISIONS RELEASED **MARCH 12, 2024**

### ELIGIBILITY REQUIREMENTS

Students must be 9<sup>th</sup>, 10<sup>th</sup> or 11<sup>th</sup> graders and must attend a DC public or public charter school.

Adult students seeking a GED must score a 145 or higher on two GED Ready tests, one of which must be Reasoning Through Language Arts.

To learn more about the DC Dual Enrollment Consortium Program including detailed eligibility requirements per partner college, contact your college counselor or visit [bit.ly/DCDualEnrollment](https://bit.ly/DCDualEnrollment).

# CLASS OF 2024 ANNOUNCEMENTS

## The SEED Foundation Scholarship



### SCHOLARSHIP OVERVIEW

The SEED Foundation Scholarship Committee will award up to **21 scholarships for eligible high school juniors attending a school within the SEED network**. The scholarships are designed to help cover a portion of a SEED School student's unmet need for the cost of attendance at right fit college or university. Unmet need is defined as the difference between the total cost of attendance at a college or university and the student's final financial aid package. These awards are often referred to as **gap scholarships**. **The scholarship will most likely NOT cover the entire difference.**

Pending funding each year, **recipients can renew the scholarship and receive funding for a total of four consecutive years**. The maximum amount of the SEED Foundation Scholarship is determined annually in late spring.

### ELIGIBILITY REQUIREMENTS

Applicants must be juniors graduating in June 2025 at The SEED School of Washington, D.C., The SEED School of Maryland, or The SEED School of Miami. **Applicants who receive the award must immediately enroll the fall after their June 2025 graduation in a full-time undergraduate program at a right fit college or university**. Recipients will need to meet additional requirements before receiving their scholarship (e.g. attend SGI, attend a summer scholarship meeting, provide financial aid award letter, account balance, etc.). Right fit colleges and universities are those that meet SEED's criteria for college fit and match.

### APPLICATION and AWARD PROCESS

- Scholarship recipients are selected based on their **application form, essays, and interview**. Applicants will be notified about decisions in **May 2024**.
- Applicants that submit completed applications by the specified due dates will be eligible to move forward to the 2<sup>nd</sup> round interview. Applicants will be contacted by The SEED Foundation to arrange for a **panel interview** with The SEED Foundation Scholarship Committee.
- **The SEED Foundation Scholarship application opens January 26, 2024. The application will close March 22, 2024. NO LATE APPLICATIONS WILL BE ACCEPTED. Listed below are directions to complete the process.**
  - **On January 26th, by 5:00pm**, students will be emailed the link to The SEED Foundation Scholarship application. Students must submit ALL sections of the application with correct information **by March 22nd, at 5:00pm**, for their application to be considered complete.
  - Once students have successfully submitted their application, they will get an email, from The SEED Foundation Scholarship Committee, confirming their application has been received.

The SEED Foundation  
[pmartin@seedfoundation.com](mailto:pmartin@seedfoundation.com)  
202-743-0518

# CLASS OF 2024 ANNOUNCEMENTS

## The SEED Foundation Scholarship



### WHEN IS MY SEED FOUNDATION SCHOLARSHIP APPLICATION COMPLETE?

Submitting The SEED Foundation Scholarship application is **part one** of completing The SEED Foundation Scholarship.

The SEED Foundation Scholarship application sections are:

1. Personal Information
2. Photo (in professional dress)
3. Parent/Caregiver Information
4. Activities
5. Essay Response #1
6. Essay Response #2

### THE SEED FOUNDATION SCHOLARSHIP ESSAY REQUIREMENTS

*Please respond to both essays in your application submission.*

#### **Essay Response #1: Activities**

**Please respond to the following essay question in 250 - 300 words in a Microsoft Word document.**

*Referring to your activities list above, please choose one activity and explain how it has impacted your life.*

#### **Essay Response #2: Seed Experience**

**Please respond thoughtfully to the following essay question in 500-600 words in a Microsoft Word document.**

*How has your experience at SEED played a role in making you an outstanding candidate for college and The SEED Foundation Scholarship? What other accomplishments have also contributed to your future success in college?*

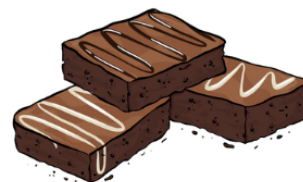
Please take the time to write and edit thoughtful essay responses that meet the above requirements. **Students are strongly encouraged to have a SEED staff member review and provide feedback on their scholarship essays.**

The SEED Foundation  
[pmartin@seedfoundation.com](mailto:pmartin@seedfoundation.com)  
202-743-0518

# Monthly Attendance Incentives

OCTOBER

Brownies



NOVEMBER

Hot  
Chocolate



DECEMBER

Movie Day



DECEMBER

Doughnuts



FEBRUARY

Fidget Toy



SCHOLARS WHO ARE PRESENT EVERY DAY FOR THE MONTHS LISTED WILL RECEIVE AN INCENTIVE. INCENTIVES ARE SUBJECT TO CHANGE.

QUESTIONS, PLEASE SEE MS. HOLLOWAY

This is a reminder that in efforts to hold our scholars accountable, you will continue to receive an attendance alert for every period your scholar is marked absent. Please use this weekend to speak to your scholar (s) about the importance of showing up to class on time, prepared and ready to learn. Remember that every day counts! Scholars who are present everyday will receive an incentive at the end of each month.

# FULL UNIFORM COMPLIANCE EXPECTED

Please continue to check your scholar's luggage to ensure they have enough uniforms for the entire week. Also, remind your scholar that bonnets, ski masks, or any other headgear are to be left in the dormitory and not worn during the academic day.

## UNIFORM POLICY

### The SEED Uniform Policy

All SEED scholars are expected to be in the full appropriate SEED uniform throughout the academic day. The SEED uniform contributes to ensuring a safe and secure campus in addition to the overall sense of unity as a school community. It enhances the learning atmosphere, adds a sense of pride, and promotes respect for oneself and others. It also builds school and community spirit, and, more significantly, helps to maintain high academic standards and social-emotional development among scholars.

Scholars must check into school with the appropriate number of uniforms for the week and have appropriate clothing for the boarding program. Each week at check-in, student life staff will make every effort to ensure that scholars are properly outfitted for the week, although it is the responsibility of parents and scholars to come to campus fully prepared for the week ahead. In the event your child is not properly outfitted for the week, parents will be called and asked to bring appropriate uniforms and other clothing to campus by 7:00 a.m. the next morning.

Scholars will not be allowed off the residence hall floor without being in proper SEED uniform. If for some reason, scholars make it off the residence hall floor without the appropriate uniform item(s), parents should expect to receive a call regarding their child's uniform violation.

In the event that a scholar does not have the appropriate uniform at school, parents will be expected to bring their child all of the needed uniform pieces.

+ Scholars not in proper school uniform during the academic day will receive a disciplinary response from an administrator.

SEED UNIFORM	
Shirts	<ul style="list-style-type: none"><li>All school scholars must wear a burgundy polo shirt that bears the SEED DC logo.</li><li>Shirts must be tucked in at ALL times.</li><li>Seniors may wear the striped senior oxford</li></ul>
Pants/Skirts/Shorts	<ul style="list-style-type: none"><li>Tan khaki uniform pants, skirts, shorts or jumpers (knee length only) must be worn throughout the school year.</li><li>All tan khaki pants and shorts must have belt loops.</li><li>Tan khaki uniform shorts may only be worn as a part of the fall uniform (August – Thanksgiving Break) and as a part of the spring uniform (Spring Break – June).</li></ul>
Belts	<ul style="list-style-type: none"><li>Belts must be worn with pants, shorts or skirts with belt loops.</li><li>Belt buckles must be plain and appropriate.</li></ul>
Head Gear	<ul style="list-style-type: none"><li>Scholars cannot wear any of the following headgear: baseball caps, skull caps, doo-rags, head wraps, bonnets, hair curlers, scarves of any kind, or knitted caps.</li><li>Scholars are permitted to wear any solid color headband</li></ul>
Outerwear	<ul style="list-style-type: none"><li>Scholars may ONLY wear SEED uniform sweaters, sweatshirts and/or fleece jackets as sold at Risse Brothers, located at 9700 Martin Luther King Jr. Hwy B, Lanham, MD 20706.</li><li>Scholars must wear <u>polo's</u> underneath ALL outerwear.</li><li>Scholars are not allowed to wear hooded sweatshirts</li></ul>
Shoes	<ul style="list-style-type: none"><li>Scholars can wear shoes of their choice with the exceptions listed below.</li><li>Scholars may not wear high heel shoes or wedges (exceeding 1") flip-flops, sandals, slippers, or any other open-toed or heel out shoes.</li></ul>
Physical Education	<ul style="list-style-type: none"><li>All scholars must change into athletic skid-free sneakers, a t-shirt, and athletic shorts (must be knee-length) and/or sweatpants.</li></ul>

Clothing, jewelry, or appearances that are determined to be distracting to the learning environment will not be permitted.

### Purchasing Uniforms

All SEED uniform items, with the exception of khaki belt loop pants and skirts, must be purchased from Risse Brothers. Khaki belt loop pants and skirts may be purchased from Old Navy, JCPenney, Parker Uniform, or other department stores.

*\*Should the parent/guardian need assistance purchasing, please contact the Office of Family & Community Engagement at (202) 248-3005.*

# ATHLETIC SCHEDULES

## VARSITY BOYS 2023-2024



12/1-2 GEORGETOWN DAY INVITATIONAL  
 12/5 @ PARKDALE - 7PM  
 12/7 @FRIENDSHIP TECH PREP - 7PM  
 12/8 @EASTERN - 7:30PM  
 12/14 VS IDEA - 7:30PM\*  
 12/15 @KIPP COLLEGE PREP - 7PM  
 12/19 VS DIGITAL PIONEERS - 6:30PM\*  
 12/20 @CARROLL - 6:30PM  
 1/4 VS RICHARD WRIGHT - 7:30PM\*  
 1/8 @SEED MD - 7PM  
 1/9 @KIPP LEGACY - 7:30PM\*  
 1/11 VS DCI - 7:30PM\*  
 1/16 VS BASIS - 7:30PM\*  
 1/18 @CAPITAL CITY - 7:30PM\*  
 1/19 @WASHINGTON LATIN - 7:30PM\*  
 1/23 VS EL HAYNES - 7:30PM\*  
 1/25 VS KIPP LEGACY - 7:30PM\*  
 1/26 @CESEAR CHAVEZ - 7:30PM  
 1/30 @ROOSEVELT - 7:30PM  
 2/1 @RICHARD WRIGHT - 5PM\*  
 2/2 @GLENELG COUNTY - 6PM  
 2/6 @IDEA - 7:30PM\*  
 2/8 VS WASHINGTON LEADERSHIP - 7:30PM\*  
 2/9 @DIGITAL PIONEERS - 6PM\*

\*LEAGUE GAME\*

ALL GAMES STREAMED LIVE ON WWW.NFHS.COM

## 2023-2024 SCHEDULE



12/1-2 MODEL INVITATIONAL  
 12/6 VS COOLIDGE - 5:30PM  
 12/8 VS CESEAR CHAVEZ - 4PM  
 12/14 VS IDEA - 5:30PM\*  
 12/15 @KIPP COLLEGE PREP - 5PM  
 1/4 VS RICHARD WRIGHT - 5:30PM\*  
 1/5 VS BOWIE - 5:30PM  
 1/8 @SEED MD - 5PM  
 1/9 @KIPP LEGACY - 5:30PM\*  
 1/11 VS DCI - 5:30PM\*  
 1/12 VS JACKSON-REED - 5PM  
 1/16 VS BASIS - 5:30PM\*  
 1/18 @CAPITAL CITY - 5:30PM\*  
 1/19 @WASHINGTON LATIN - 5:30PM\*  
 1/23 VS GIRLS GLOBAL - 5:30PM\*  
 1/25 VS KIPP LEGACY - 5:30PM\*  
 2/1 @RICHARD WRIGHT - 5:30PM\*  
 2/2 @FRIENDSHIP TECH PREP - 5PM  
 2/6 @IDEA - 5:30PM\*  
 2/8 VS WLA - 5:30PM\*

\*LEAGUE GAME\*

ALL GAMES STREAMED LIVE ON WWW.NFHS.COM

## 2023-2024 SCHEDULE



12/5 @PARKDALE - 5:30PM  
 12/7 @FRIENDSHIP TECH PREP - 5PM\*  
 12/8 @EASTERN - 5:30PM  
 12/11 VS GLENELG - 4PM  
 12/12 @PAUL PCS - 4PM\*  
 12/14 VS IDEA PCS - 4PM\*  
 12/18 VS DCI PCS - 4PM\*  
 12/19 VS DIGITAL PIONEERS - 5PM\*  
 1/3 @SEED MD - TBA  
 1/5 VS BOWIE - 4:30PM  
 1/9 @FRIENDSHIP COLLEGIATE - 4PM\*  
 1/12 @KIPP COLLEGE PREP - 4PM\*  
 1/19 @WASHINGTON LATIN - 4PM\*  
 1/25 VS KIPP LEGACY - 4PM\*  
 1/26 @CESEAR CHAVEZ - 4:30PM

\*LEAGUE GAME\*

ALL GAMES ARE STREAMED LIVE ON WWW.NFHS.COM





ARE YOU IN HIGH SCHOOL? EAGER TO CHANGE THE WORLD, AT HOME OR ABROAD?

JOIN LEARNSERVE FELLOWS!

LearnServe International brings together high school students from D.C., Maryland and Virginia to come up with ideas and launch businesses that make real impact on issues like climate change, racial equality and social justice.

We're seeking dedicated youth from public, independent and charter schools in DC, Maryland, and Virginia that have a passion to create social change with a community of peers.

LearnServe gave me a newfound perspective on how I approach social problems, and gave me the tools to find solutions.

HANNAH, LearnServe Fellow 2020

Students interested in being a LearnServe Fellow should see Dr. Bagley or Ms. Grant, ASAP. Applications are still being accepted.

Click the flier to the right to apply online.

FELLOWS PROGRAM

Tackle a social issue that makes you mad and create an innovative solution in your community while connecting with like-minded peers across the region!

WHEN

- September - March
In-Person/hybrid weekly sessions
Wednesdays, 2:30-4:30 or Thursdays, 4:30-6:30pET
Location TBD (in downtown DC)

REQUIREMENTS

No prior experience necessary. LearnServe Fellows are curious about the world, open to and excited about meeting people with different perspectives, and determined to make a difference on the issues that matter most.

PROGRAM COST

\$50 - \$1,250 sliding scale enrollment fee. Enrollment fee dependent on household financial circumstances.

HOW TO APPLY

Apply online at learnserve.org/fellows by Friday, September 1



OUR IMPACT

- 84% of alumni say LearnServe empowered them to take action beyond our programs.
82% of students volunteer after LearnServe, over half of them serving in leadership roles.
95% mention LearnServe on their college applications.

"It's hard for teenagers like us to get our thoughts out, because we're not taken seriously. It is great to have that chance through LearnServe."

DEMIA, LearnServe Fellow 2020

VISIT US

To learn more about our programs and application deadlines and to read stories from our student alumni, visit www.learn-serve.org or contact our Office Manager, Latoya Felder at latoya@learn-serve.org.

# ATTENDANCE GUIDELINES

## EARLY DISMISSALS AND PLANNED ABSENCES

In the event, a scholar needs to leave campus during the school week and will miss any part of the school programming (academic or student life), including Sunday check-in, families should send an email to [attendance@seedschooldc.org](mailto:attendance@seedschooldc.org). The email should include the following:

1. Scholar's name
2. Date(s) of absences
3. Date and time of pick-up and drop-off
4. Name of an adult who will pick up the scholar (proof of identification will be required)
5. If student is departing on their own, please indicate the mode of travel (Uber, Lyft, Metro, etc.)
6. Reason for absence/appointment

### **Please note:**

All communication regarding absences must be submitted in written form by the parent/guardian/caregiver on file. SEED DC will not allow a scholar to leave campus without a prior written communication from the parent/guardian/caregiver on file.

Scholars must be signed out at the front desk in the lobby for early dismissal and signed in when returning to campus. All written communication should be sent to

[attendance@seedschooldc.org](mailto:attendance@seedschooldc.org) and should include the time the student will depart and return, mode of transportation, and contact information for an adult authorized to pick the student up.

This includes transportation via Metro, Uber, Lyft, or riding with other families.

Staff may be directed to conduct a follow-up phone call, to confirm details or ask clarifying questions. When a scholar returns to campus following a medical visit, a signed medical note from the medical facility must be presented to the receptionist stating the reason for the absence.

***If a scholar needs to leave early on a Friday, families should send an email to [attendance@seedschooldc.org](mailto:attendance@seedschooldc.org) no later than 8 p.m. on Thursday evening.***

Student Life staff will be notified to have scholars bring their belongings from the residence halls in the morning to place in the academic building.

Please note that emails sent after 8 a.m. will not be honored, as the residence halls are closed from 8 a.m. until student life staff arrives for check-out, 4 p.m. **There is no access to the residence halls before the regular check-out time.**

If you still have to pick-up your scholar, you will have to return to pick up their belongings between 4 p.m. - 5 p.m.

**Absent for three (3) or more days?**

**Please contact the Attendance Coordinator at (202)248-7773 x5116.**

# STUDENT LIFE DEPARTMENT UPDATES & REMINDERS

- Parents are not permitted on campus during check-in.
- Students are only permitted to check-in with **ONE** duffel bag/suitcase, **ONE** backpack, and **ONE** grocery bag for snacks. Additional bags or items are not permitted.
- Students' snacks should be turned in to their Youth Development Educator (YDE) to be stored in the pantry, not in their dorm room.
- Students are not permitted to visit each others' dorm rooms.
- Students are not permitted to access the dormitory during the academic day for any reason.
- Students are not permitted to order outside food while on campus (with the exception of pre-approved special occasions and events).
- Parents and families are also not permitted to bring outside food to students.
- Students are not permitted to leave campus without permission or for non-emergencies for any reason.
- All students and guests are required to undergo bag and security checks.
- No weapons permitted, this includes the following: self-defense objects, knives, tasers, pepper spray, mace, ice breakers, rattail combs w/metal tips, etc.
- No Drugs Permitted (including OTC meds): Prescription medication must be turned in to the school nurse upon entry & must be accompanied by Medication Authorization Form signed by a doctor.
- **Item Drop-offs:** If you have items that you need to drop off to your scholar, please do so before 9 p.m. Security will contact the appropriate adult to pick it up for them or have your student to pick it up.





# STAYING HEALTHY & SAFE

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Dear SEED Community,

The SEED School continues to anchor our health and safety measures to current guidance from the Centers for Disease Control (CDC), DC Health, and the Office of the State Superintendent of Education (OSSE). SEED policies will continue to be reviewed or adjusted for School Year 2023-2024 to address shifts in public health guidance.

Currently, there is a nationwide increase in COVID cases, and it is important to continue to minimize the spread within the SEED community.

Please note the following:

Masking is currently optional at SEED DC.

\*

COVID-19 vaccination is not required but continues to be encouraged.

\*

Scholars/Staff should stay home when sick.

\*

SEED will continue to test scholars/staff that present symptoms while on campus.

# WELLNESS SUITE MEDICATION REQUIREMENTS

Please be reminded that that only parents/guardians/caregivers or authorized adults can bring medication to the Wellness Suite. Medication will not be accepted from students and students are not allowed to carry medication on their person, with the exception of an asthma inhaler.

In order for the school to administer prescription medication, a [medical authorization form](#) must be filled out by the doctor. Parents must also sign the form before school medical personnel can administer medication. Only creams, antibiotics, or medical equipment will be sent home on Fridays during checkout and that no student will be allowed to take medication home. Be sure to request for your pharmacist to divide the medication in two (2) bottles, one to keep at home and one to be left at school. Also we have over the counter medications here and all parents should fill out the form if their student needs to take any over the counter medications. All of the medical forms mentioned here can be found on the [health & wellness suite page](#) of the school website.

Click here to review the full [medication policy](#).

Thank you,

The Wellness Team:

Nrs. Colbert & Ms. Faison


202-248-3008 (phone)

202-318-8625 (fax)

## Maintaining Your MENTAL HEALTH

Need someone to talk to? We're here to help! Certified clinicians are available for you 24/7. Call the Department of Behavioral Health mental health hotline: 1-888-793-4357.

### Tips for Reducing Anxiety:

-  Reach out for help; your mental health is important.
-  Exercise regularly.
-  Limit time spent in public places.
-  If working from home or in self-quarantine, arrange your space so it's calming. Make sure you shower and get dressed like you're going to work.
-  Moderate news intake.
-  Practice deep breathing exercises or other methods of meditation.

CORONAVIRUS.DC.GOV

DC HEALTH  
GOVERNMENT OF THE DISTRICT OF COLUMBIA

GOVERNMENT OF THE DISTRICT OF COLUMBIA  
DC MURIEL BOWSER, MAYOR

# PowerSchool Portal for Parents & Families

*The SEED School of Washington, D.C. is proud to offer a tool that parents and family members may use to stay connected to their scholar and their school.*

*The PowerSchool Parent & Family Portal gives you real-time access to valuable information such as grades, assignment details, & messages from teachers.*

**Through the portal, view your scholar's:**



**ACADEMIC HISTORY**



**TEST RESULTS**



**ATTENDANCE**



**& MORE!**



You can log in any time from any computer, tablet, or mobile phone.

**GET ALERTS VIA:**



**TEXT**



**PHONE**



**EMAIL**

**Receive alerts about attendance, school events, & weather-related closures.**

Turn over for more info on how to set up your Parent Portal,

# Parent & Family Portal: Getting Started

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How do I sign up for the Parent & Family Portal & set up my account? You must have a personal email address to sign up for a Parent & Family Portal account.

You can register for a free email account using Gmail, Outlook, Yahoo, or a similar service..

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## WHERE DO I START?

Visit <https://seedschool.powerschool.com/public/>

1

- Click "Create an account"
- Enter your first & last name and email address
- Create a password - at least 6 characters
- Re-enter password
- Enter student's name (If you have multiple student's @ SEED, each will have their own access ID & password)

2

## HAVE YOUR CONFIDENTIAL ID READY

- Enter Confidential ID (provided by school)
- Enter Access Password (provided by school)
- Select appropriate relationship to student

Once completed, you will be taken to the login page of the Parent & Family Portal

3

## DOWNLOAD THE MOBILE APP

- App Store or Play Store
- Enter district code: **FQGN**
- Click Continue
- Enter Confidential ID
- Enter Password
- You're all set to go!

**Still need help?**

**Contact the registrar:**

**[ctyson@seedschooldc.org](mailto:ctyson@seedschooldc.org)**