
WEEKLY FALCON NEWS

FOR THE WEEK OF OCTOBER 27TH

UPCOMING EVENTS & REMINDERS

10/27 - 11/1 - SPIRIT WEEK

- 11/3** - Daylight Saving Time Begins (set clocks back one hour)
- 11/7** - THURSDAY CHECK-OUT, 3:30 p.m. - 6 p.m.
- 11/8** - Staff Professional Development, School Closed for Scholars
- Senior Portrait Day (Check your home mail for appointment info)
- 11/10** - NO CHECK-IN
- 11/11** - *Veterans' Day - School Closed - NO CHECK-IN*
- 11/12** - Tuesday Check-in, 6 a.m. - 7:30 p.m. - ALL GRADES

SPIRIT WEEK

Cost: \$5/event or \$15 for the week (weekly price includes one snack @ each specialty event); Concessions available for purchase @ every event.

Daily Dress Down Themes:

- Sunday, 10/27** - Student Life & Coaching Staff vs. MH Seniors Volley Ball Game & Deck the Halls
- Monday, 10/28** - Jersey Day - wear your favorite sports jersey
- Tuesday, 10/29** - Meme vs. Vine Day
- Wednesday, 10/30** - 90s Day
- Thursday, 10/31** - Age Day
- Friday, 11/1** - Class Colors & Pep Rally

Scholars choosing not to dress in the theme of the day

MUST BE IN FULL SCHOOL UNIFORM. See flier below for more details.

PINNING CEREMONY

Join us on **October 30th at 10:00am** in the gymnasium for our Pinning Ceremony. We will honor our **Peer Group Connection Leaders, Advanced Placement and Dual Enrolled Students** and the newly elected members of the **Student Government Association**. We look forward to celebrating our scholars with you by their side.

WEEKLY FALCON NEWS

FOR THE WEEK OF OCTOBER 27TH

COLLEGE FAIR INFO

#nacacfairs | nacacfairs.org |



NACAC
National
College Fairs

SEARCH



COLLEGES AND
PROGRAMS

CONNECT



WITH COLLEGES
IN PERSON

FIND



YOUR
COLLEGE FIT

WITH NACAC

NATIONAL COLLEGE FAIRS

Free and open to the public, NACAC fairs link you to hundreds of colleges and universities in one location.

GREATER WASHINGTON, DC

Sunday, Oct. 27, 2019 | 1 p.m. – 4 p.m.

Walter E. Washington Convention Center

Register free at gotomyncf.com.



National College Fairs are a program of the National Association for College Admission Counseling.

WEEKLY FALCON NEWS

FOR THE WEEK OF OCTOBER 27TH

SEED DC's Annual Spirit Week

****Scholars who choose not to participate in a certain dress down event, MUST be in full uniform****

| Sunday 10/27 | Monday 10/28 Jersey Day | Tuesday 10/29 Meme vs. Vine Day | Wednesday 10/30 90's Day | Thursday 10/31 Age Day | Friday 11/01 Class Color Day |
|-----------------|--|---|--|---|---|
| |  <p>Rep Your FAVORITE Jersey!</p> <p>Students must pick a jersey of their choosing (i.e. Basketball, Football, & Baseball)</p> <p>(MUST NOT wear cropped tops, open toe shoes, shorts, revealing clothing etc.)</p> |  <p>Students must choose a vine or a meme to dress up like for the day! Yes, video copies are allowed.</p> <p>(MUST NOT wear cropped tops, open toe shoes, shorts, revealing clothing etc.)</p> |  <p>Put your best clothes on from the 90s!</p> <p>Students may even dress like famous people (i.e. Will Smith, Aaliyah, Jodeci, TLC, etc.)</p> <p>(MUST NOT wear cropped tops, open toe shoes, shorts, revealing clothing etc.)</p> |  <p>12th: Elderly 11th: Middle Age 10th: Moody Teens 9th: Elementary Kids 8th: Babies</p> <p>(MUST NOT wear cropped tops, open toe shoes, shorts, revealing clothing etc.)</p> |  <p>Represent and show your spirit, wearing your class color</p> <p>2020- White 2021- Blue 2022- Purple 2023- Yellow 2024- Red</p> <p>Each class must perform a remake to a Chris Brown video. SEE the President and or Vice President for songs. (Must not exceed 3 min.)</p> |

WEEKLY FALCON NEWS

FOR THE WEEK OF OCTOBER 27TH

SEED DC's Annual Spirit Week

Participation in events during Student Life hours - after 4pm - will cost \$15.00 and includes one (1) free snack for the entire week. Otherwise all events will cost \$5.00 per day with a separate charge for concessions. We will take Cash ONLY (Except for Field the Screams which costs \$30).

| | | | | | |
|---|--|---|---|--|--|
| <p>Sunday 10/27</p>  <p>Game starts at 7:45pm</p> <p>Come and witness our SEED SL/ Coaches compete against SEED Senior Boys in tonight's Volleyball Game</p> <p>All Events for the Week is \$15.00</p> <p>Entry Fee: \$5.00</p> <p>*All interested staff must sign up with Ms. White</p> <p>*Join us for the Some Fun (Enjoy Music & Concessions outside the Gym)</p> | <p>Monday 10/28</p> <p>Jersey Day</p>  <p>So you think you can lip sing the best? Come and support your peers as they showcase their best lip sing effort.</p> <p>Where: Gym</p> <p>Cost: \$5</p> <p>Time: 8:00pm (each group must pay 5 dollars and must arrive at 7:00pm with music)</p> <p>**There should be at least one RA on each floor if students are sent to the dorms</p> | <p>Tuesday 10/29</p> <p>Mems vs. Vins Day</p>  <p>A dean incentive trip to Roller Skating Lead by Dean Bellido</p> <p>Movie Night</p> <p>\$5 dollars admission</p> <p>7:45pm-9:30pm in the Cafeteria</p> | <p>Wednesday 10/30</p> <p>90's Day</p>  <p>Game begins at 8:00pm</p> <p>Who's taking the win this year? Join us for a night of excitement!</p> <p>General Admission \$5</p> <p>Players will be chosen by the team captains</p> | <p>Thursday 10/31</p> <p>Age Day</p>  <p>"Nightmare on C Street"</p> <p>DANCE</p> <p>7:30pm-9:30pm</p> <p>Everybody: \$5</p> <p>Field the Scream 1st 35 Students sign up with Mr. Harrod (cost \$30.00)</p> | <p>Friday 11/01</p> <p>Class Color Day</p>  <p>Represent and show your spirit, wearing your class color</p> <p>2020- White 2021- Blue 2022- Purple 2023- Yellow 2024- Red</p> <p>Each class must perform a remake to a Chris Brown video.</p> <p>SEE the President and or Vice President for songs.</p> <p>MUST NOT EXCEED 3 MIN.</p> |
|---|--|---|---|--|--|

WEEKLY FALCON NEWS

FOR THE WEEK OF OCTOBER 27TH

COMMUNITY SERVICE OPPORTUNITY

READY, SET, HELP

Always Ready to Help



Ready, Set, Help is a community outreach based organization who's mission is to be a change agent in our community by combating homelessness, empowering youth, and rebuilding neighborhoods. We achieve this mission through community service projects and partnering with local non-profit organizations. There is plenty of work to do in our communities, and plenty of people ready to help; however, there are not enough bridges to connect the two. It is our goal to be that bridge!

Ready, Set, Help is here to provide volunteers with opportunities to help others, and provide local non-profits with needed help. In addition, we work to address the needs of the community through Ready, Set, Help initiated projects.

Ready, Set, Help is a newly started organization ready to grow and meet the needs of our community. Please feel free to contact us directly if you are interested in being a Ready, Set, Help volunteer, or an interested business/organization looking to partner.

Regards,

Felicia Johnson-Founder
(703) 879-2816
www.readysethelp.org
[@readysethelp.org](https://www.instagram.com/readysethelp.org)

WEEKLY FALCON NEWS

FOR THE WEEK OF OCTOBER 27TH

EXPERIENTIAL LEARNING & EXTERNAL OPPS



Office of Naval Research Science and Engineering Apprenticeship Program

Program Information

- Eight week summer research opportunities
- Stipends - \$3,500 for new students and \$4,000 for returning students

Eligibility Requirements

- U.S. citizenship required
- Rising 10th graders through graduating 12th graders
- Must be 16 years old (15 years old may apply at some labs, check website for details)

Participating Laboratories

Arizona, California, Connecticut, DC, Florida, Hawaii, Indiana, Maryland, Mississippi, New Jersey, Pennsylvania, South Carolina, Virginia, & Washington

Application Closes Nov. 1st!!!

<http://seap.asee.org/apply>

seap@asee.org 202-649-3833



The Department of the Navy is an Equal Employment Opportunity employer. All qualified candidates will receive consideration without regard to race, color, religion, sex, national origin, age, disability, marital status, political affiliation, sexual orientation, or any other non-merit factors. The Department of the Navy provides reasonable accommodation to applicants with disabilities.

See below for more flyers of available opportunities.

WEEKLY FALCON NEWS

FOR THE WEEK OF OCTOBER 27TH

EXPERIENTIAL LEARNING & EXTERNAL OPPS



MENTORING
YEAR-LONG MENTORING
AND PROFESSIONAL
COACHING

Urban Alliance (UA) and Martha's Table have partnered together to bring increased economic opportunity to youth from Wards 7 and 8 in southeast D.C. Together, we aim to remove barriers to success and fully prepare students for long-term self-sufficiency.



EXPOSURE
CAREER EXPLORATION
AND NETWORKING
OPPORTUNITIES

Juniors

- First day of programming, **Tuesday, October 15th**
- Students attend workshop once a week
- Professional training on resume writing, communication, professional development and much more!

Incentives for participation

- Opportunity to join the PAID internship during the summer and your senior year of HS
- Earn community service hours
- Invites to college visits, career fairs, special access events, and other fun activities

Additional Information

- Workshops will be held at Martha's Table's new building, The Commons, located at: **2375 Elvans Road SE, Washington, D.C. 20020**
- Students will be fed a heavy afternoon meal.
- Workshop hours are 4:30pm-6:00pm

• APPLY NOW •

Visit: <https://www.tfaforms.com/4761719>

- Step 1:** Complete the online application
Step 2: Bring in parent consent form

Please contact the **Community Programs Manager, Francesca Glover**, at fglover@theurbanalliance.org with any questions.



www.theurbanalliance.org | 202-459-4300

TRAINING
IN 21st CENTURY
SKILLS, SOCIAL MEDIA
BRANDING, RESUME
WRITING, AND MORE

PLANNING
RECEIVE LIFELONG
COLLEGE- AND CAREER-
PLANNING SUPPORT

Opportunity for Juniors

Yale Young Global Scholars

Session I: June 21 – July 3
POLITICS, LAW, & ECONOMICS (PLE I)
Literature, Philosophy, & Culture (LPC I)
Solving Global Challenges (SGC I)
Biological & Biomedical Science (BBS I)

Session II: July 5 – July 17
POLITICS, LAW, & ECONOMICS (PLE II)
Literature, Philosophy, & Culture (LPC II)
Solving Global Challenges (SGC II)
Biological & Biomedical Science (BBS II)

Session III: July 19 – July 31
POLITICS, LAW, & ECONOMICS (PLE III)
Literature, Philosophy, & Culture (LPC III)
Solving Global Challenges (SGC III)
Applied Science & Engineering (ASE III)

SUMMER 2020 SESSIONS

- POLITICS, LAW, & ECONOMICS**
Study diverse economic theories, the values and practices of governments, and legal frameworks in historical and comparative perspectives.
- LITERATURE, PHILOSOPHY, & CULTURE**
Analyze culturally significant works, question ideas, and explore creative ways to use the arts to better understand and impact communities.
- BIOLOGICAL & BIOMEDICAL SCIENCE**
Investigate life sciences, from the molecular level of protein interactions to the interdependence of life in different ecosystems.
- APPLIED SCIENCE & ENGINEERING**
Apply scientific principles to real-world problems using engineering, physics, chemistry, astronomy, computer programming, and more.
- SOLVING GLOBAL CHALLENGES**
Discover innovative and cross-disciplinary approaches to solving the greatest challenges facing the global community in the 21st century.



INSPIRED MINDS, GLOBAL CONNECTIONS

YYGS is an academic summer enrichment program for outstanding high school students from around the world. Join one of five interdisciplinary 2-week sessions at Yale's historic campus.

[@YaleYoungGlobalScholars](https://www.facebook.com/YaleYoungGlobalScholars)
[@Yale_YYGS](https://www.instagram.com/Yale_YYGS)

- #### Create long-lasting connections, and get exposed to different disciplines and ideas through...
- + Lectures
 - + Breakout Sessions
 - + Seminars
 - + Capstone Projects
 - + Simulations
 - + Speaker Events
 - + Library/Museum Visits
 - + Social Activities
 - + Interactions with Yale Professors & College Students



"Over the course of two weeks, we truly became global citizens, sharing a common passion: the goal of making the world a better place."
 Philip, ASE 2018, from South Korea



Apply now for summer 2020
 Early decision by November 12, 2019
 Regular decision by January 15, 2020

WEEKLY FALCON NEWS

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EXTERNAL LEARNING INFO SHEETS

BREAKING DOWN THE S.T.E.A.M. DOOR!

OCTOBER 26, 2019 9-2PM
3M INNOVATION CENTER WASHINGTON, DC

Girls ages 12-16 will:

- Rotate through 5 fun hands-on exercises in Science, Technology, Engineering, Arts, and Math (S.T.E.A.M.)
- Meet women in S.T.E.A.M. careers
- Receive FREE Breakfast and Lunch
- Receive FREE gift bags and prizes
- Access to INTERSHIPS
- AND MUCH MORE!!!

HOSTED BY:

Ready, Set, Help would like to invite your female students to attend our "Breaking Down the S.T.E.A.M. Door" event **October 26, 2019 9-2pm**. The students will rotate through hands-on exercises led by women in each of the S.T.E.A.M. fields., receive access to local internships, and have unique access to the 3M Innovation Center. This will be a fun filled Saturday, and the girls will receive catered breakfast and lunch, receive a swag bag filled with goodies, potentially win prizes and have access to summer internships. Our goal is to host 30 middle school and 30 high school students on a first-come basis.



FOR 9TH GRADE ONLY -->

Application Deadline: 12/15/2019

For more information, visit www.andover.edu/ms2 to complete the online application & complete the online math assessment.

(ms)²

What is it?

- 3-summer residential program
- 5-weeks of STEM enrichment (Math, Science, English/College Counseling)
- Held on the Phillips Academy 500 acre campus in Andover, Mass.
- Free—including airfare

Program Dates: Tuesday, June 30-Sunday, August 2, 2020

(ms)²

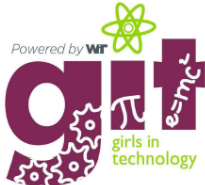
How to apply?

1. Complete Online Application – www.andover.edu/ms2
 - Applicant's Personal Essays
 - Teacher Recommendations (Math, Science, English, and Guidance Counselor)
 - Parent/Guardian Essay
 - Parent/Guardian Financial Statement (Income Verification)
2. Complete Online Math Assessment
3. Application Deadline – December 15th

WEEKLY FALCON NEWS

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EXTERNAL LEARNING INFO SHEETS



GIT Mentor-Protégé Program 2019-2020

For Who: DC, MD and VA Girls in Grades 9-12

What: Mentoring program that connects HS girls interested in Science, Technology, Engineering and Math (STEM) careers with professional women in STEM

Cost: Free!!! (Registration Required)
Register Now!: <http://bit.ly/ProtegeApp2019>

More info: <https://www.womenintechology.org/girls-in-technology>

Email: GIT_MP-Proteges@womenintechology.org

FREE!
Five sessions: Oct-April

- Learn about STEM Education and Careers
- Scholarship Opportunities
- Build Leadership Skills
- Develop Skills for Success and Confidence

Maryland Program
@ Johns Hopkins Univ. Rockville Campus

9601 Medical Center Dr, Rockville, MD 20850, Rm 106-110

Session 1 • Tuesday, October 15, 2019
Session 2 • Tuesday, November 19, 2019
Session 3 • Tuesday, January 14, 2020
Session 4 • Tuesday, February 11, 2020
Session 5 • Tuesday, March 17, 2020
Make-up Date • Tuesday, April 21, 2020

Northern Virginia Program
@ Microsoft

12012 Sunset Hills Rd, Reston, VA 20190

Session 1 • Tuesday, October, 22nd
Session 2 • Tuesday, November 26th
Session 3 • Tuesday, January, 28th
Session 4 • Tuesday, February, 25th
Session 5 • Tuesday, March 24th
Make-up Date • Tuesday, April 22nd

Washington, DC Program
@ FiscalNote

1201 Pennsylvania Avenue, Washington, DC - Near Metro Center

Session 1 • Tuesday, November 5, 2019
Session 2 • Tuesday, December 3, 2019
Session 3 • Tuesday, February 4, 2020
Session 4 • Tuesday, March 3, 2020
Session 5 • Tuesday, April 7, 2020



Girls in Technology (GIT) is a program of Women in Technology (WIT). GIT is funded by STEM for Her. Our program relies on generous corporate sponsors and many volunteers.



Presents...



City at Peace at the Atlas, announces **Open Call** for artists, non-artists, poets, the socially curious, the writers, dancers, wanderers, actors, quiet thinkers, loud talkers, builders, people who want to know what's going on and what they can do about it, middle class, upper and lower, brown, beige, white, fabulous, infamous, privately schooled, publicly schooled and old schooled, Maryland, DC and Virginia **young people**, ages **14 to 24** years, to be a part of something great!

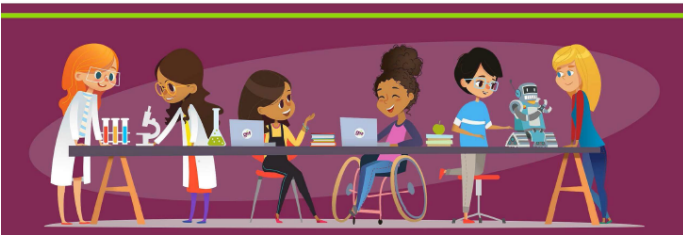
City at Peace is a space and a process, made for and by young people to examine systems of oppression that marginalize people based on race, gender, age, ethnicity, sexuality and values. Together, with other young people you can figure out your place in all of it and create tools to change it.

You will collaborate with professional artists and theatre designers to build and manage an artistic production that displays your ideas for change, and meet some of the best people ever!



Here's how it works:

- Join us **Wednesday, September 25** at 4:30pm at the Atlas Performing Arts Center
- We meet every **Saturday** from 10am until 4pm and **Wednesday** from 4:30pm until 8:30pm...it's a commitment! *You can't make change without showing up.*
- **Program start date is Wednesday, September 25, 2019 4:30pm.**
- Located at the Atlas Performing Arts Center, 1333 H Street NE.
- Contact **Sandi Holloway**, cityatpeace@atlasarts.org.
- Wear comfortable, loose fitting clothing and be ready to move!
- Apply on-line at www.atlasarts.org, under the **Education** tab, look for the application.



Upward Bound College Tour 2017 visiting Catwba College

COMMITMENT

For every UB participant, we will provide valuable college preparatory services, academic instruction, and educational/cultural programming to help each participant strive for excellence at no monetary cost. In return, all participants must strive to commit 100% participation and attendance during their tenure in Upward Bound. Full participation is defined as a student's commitment to pursue academic success and admission to an accredited college/university throughout their enrollment in Upward Bound. Our hope is that all UB scholars remain committed to working towards the achievement of their primary long-term goal—college graduation within 4-6 years of high school completion.

The GW SMHS Upward Bound Program

2300 I Street, NW Ross Hall, Suite 202
Washington, D.C. 20037
Phone: (202) 994-7250 Fax: (202) 994-7651

E-mail: UpwardBound@gwu.edu
Twitter: @GWUpwardBound Facebook: GW SMHS
Upward Bound Website: smhs.gwu.edu/upward-bound/

If you are interested in becoming an Upward Bound community partner and/or making a financial contribution to this non-profit, 501 c (3) organization, please contact UB Secretary Dasha Brown at (202)994-7250.

THE GEORGE WASHINGTON UNIVERSITY
WASHINGTON, DC



School of Medicine & Health Sciences
THE GEORGE WASHINGTON UNIVERSITY

WEEKLY FALCON NEWS

FOR THE WEEK OF OCTOBER 27TH

THE FALCON THEATRE



As a deviously delicious Broadway and Hollywood sci-fi smash musical, ***Little Shop of Horrors*** shares the story of a meek floral assistant who stumbles across a new breed of plant he names “Audrey II”. This foul-mouthed, R&B singing carnivore promises unending fame and fortune to the floral assistant as long as he keeps feeding it.

All scholars & all talent levels were encouraged to sign-up & audition on Thursday, October 10th. Check back here for the cast list.

Little Shop of Horrors will be performed at THEARC Theater in Washington, D.C. December 13th and 14th @ 7pm. More details will be provided on how to purchase tickets.



The SEED Falcon Theatre is also proud to be selected by Disney Theatrical Productions (producers of *The Lion King*, *Beauty and the Beast*, etc. on Broadway), to join a cohort of select schools, demonstrating theatre excellence, in producing a pilot production of ***Disney’s Peter Pan, Jr.*** (currently in development before being released to the general public in 2021). Peter Pan, Jr. will be presented at THEARC Blackbox Theater in Washington, D.C. in April 2020. More details to follow.

WEEKLY FALCON NEWS

FOR THE WEEK OF OCTOBER 27TH

FAMILY VOLUNTEER OPPORTUNITIES

ARE YOU INTERESTED IN VOLUNTEERING ON CAMPUS?

Visit <https://forms.gle/GdSFF1RGW17e8vj79> to complete the Family Partners Volunteer Form & to read descriptions of the volunteer opportunities we have available. Contact Mrs. Holman-Jones, 202-248-3005 or rholmanjones@seedschooldc.org if you have questions.

SENIOR CLASS NEWS

Save the Date for SENIOR PORTRAITS - Friday, 11/8/19 is senior portrait day. More details will arrive in the mail to your homes regarding appointment times directly from Prestige Portraits.

SENIOR DUES - The second installment of senior dues was due October 1st. The next three installments are due on the following dates:

-3rd installment - November 1, 2019

-4th installment - December 1, 2019

-Final installment - January 15, 2020

Visit the website to view the senior class letter for more details on package options & fees.