



July 17, 2019

Dear SEED DC Families,

We are excited to welcome you and your child to the upcoming 2019-2020 school year! SEED DC staff members are working diligently this summer to ensure our school remains one of the best college-preparatory middle and high schools in Washington, D.C. All scholars should expect more reading, lots of intense thinking and non-stop problem-solving.

#### SUMMER ASSIGNMENTS

Please make sure that your child is working on his/her summer assignments and, if necessary, emailing teacher(s) and blogging. Be sure to check the school website, under "Family Resources" for all summer assignments.

#### IMPORTANT - ARE YOU READY FOR THE SCHOOL YEAR?

The information enclosed in this packet is extremely important and can guarantee that we start the academic year smoothly and productively. Please carefully read each item, put the important dates calendar on your refrigerator, complete and submit the necessary documents and start checking the website in mid-August for the Scholar-Family Handbook and full school calendar. Here are a few additional reminders:

- 1. **Health Forms** Be sure to submit all the necessary health forms to the Wellness Suite. Your child will not be able to check in on August 25<sup>th</sup> without an up-to-date immunization record and recent physical examination on file. If you need to contact one of our nurses, you may do so by calling 202-248-3008.
- Residency Verification Ensure you have proven DC residency with the Office of Family &
  Community Engagement (also known as the FACE Office) if you have not already done so. This
  process must be completed in person with a member of the FACE Team. The deadline is July 19<sup>th</sup>.
- 3. Uniform Purchase on Campus Attend the uniform roadshow to begin purchasing school uniforms. For your convenience, our uniform supplier, Risse Brothers will be on campus August 3<sup>rd</sup> from 4:30 p.m. 7:00 p.m. for families to come and purchase uniform items- shirts, sweaters, and fleece jackets. Uniform bottoms can be purchased at the store of your choosing. Remember, khaki/tan pants, shorts, or skirts only NO JEANS, LEGGINGS, JEGGINGS, CARGO PANTS, CARGO SHORTS, OR CARGO SKIRTS.

\*\*9TH GRADE FAMILIES ONLY\*\*

CALLING ALL 9<sup>TH</sup> GRADERS! Come to the 9<sup>th</sup> Grade Experience, Monday, July 22<sup>nd</sup> – Friday, August 2<sup>nd</sup>
We are excited to introduce all 9<sup>th</sup> graders to high school at SEED DC. Don't forget about the upcoming 9<sup>th</sup> Grade
Experience, July 22<sup>nd</sup> – August 2<sup>nd</sup>. You will have a chance to learn about the "SEED Way," meet your classmates and staff who will be working with you all year. We are looking forward to seeing your scholar there! Contact the FACE Office if you have questions, 202-248-3025.

**NEWLY ENROLLED 9th Grade Scholars** 

SEED DC is excited to welcome new 9<sup>th</sup> grade scholars to the Class of 2023! Please be sure to submit your child's end-of-year/4th quarter report card, and if applicable, any special education documents to the Office of Family & Community Engagement no later than August 16<sup>th</sup>. If your child had to attend summer school, submit the grade(s) your child received that allows him/her to be promoted to the 9<sup>th</sup> grade. Feel free to fax this information to 202-318-6343 or scan and email to admissions@seedschooldc.org.

I hope that you and your family have a safe and enjoyable summer. As we say so often, thank you for choosing SEED. We look forward to seeing you at the Family Meeting on Wednesday, August 21<sup>st</sup>. See the enclosed "Important Dates" sheet for details.

In partnership

Mecha Inman Head of School

## SCHOOL YEAR 2019-2020

## IMPORTANT DATES

#### AIIG

#### SEP

#### OCT

#### NOV

21 - All School Family Meetings 9th grade: 6 PM 8th, 10th-12th: 7 PM

25 - Back to School Check-in All Grades: 7-9 PM

26 - First Day of School

2 - Labor Day SCHOOL CLOSED

3 - Tuesday Check-in: 6-7:30 AM

11 -Welcome Back Coffee 8:30 AM, 12:30 PM 5:30 PM

18 - Back to School Night 6 PM

10 - Thursday Check-out 11 - Staff PD No School for Scholars 14 - Indigenous People's Day SCHOOL CLOSED 15 - Tuesday Check-in: 6-7:30 AM

16 - SAT/PSAT Testing (HS only) 24 - Q1 ends 25 - Q2 begins

7 - Thursday Check-out 8 - Staff PD No School for Scholars

> 11- Veteran's Day SCHOOL CLOSED 12 - Check-in 6-7:30 AM

26 - Check-out, 3:30-6pm 27-29 - Thanksgiving Break SCHOOL CLOSED

#### DEC

#### IAN

#### FEB

#### MAR

23- JAN 1: Winter Break SCHOOL CLOSED 2 - Thursday Check-in: 6-7:30 AM

16- End of Q2 & Semester 1

17 - Staff PD No School for Scholars

20 - MLR, Jr. Holiday SCHOOL CLOSED

21 - Check-in: 6-7:30 AM Q3 & Semester 2 begins

17-21 Mid-Winter Break SCHOOL CLOSED

4 - FOUNDER'S DAY SAT Testing (Juniors only)

19 - Thursday Check-out

20 - Staff PD No School for Scholars

27 - Q3 ends

30 - Q4 begins

#### APR

#### JUN

#### JUL

#### Apr 1-May 22: :PARCC TESTING

9 - Thursday Check-out

10 - Staff PD No School for Scholars

13-17: Spring Break SCHOOL CLOSED

\*Where possible, please avoid absences & appointments during this period.

MAY

4-13: AP Testing 10 - Mother's Day NO CHECK-IN 11 - Check-in: 6-7:30 AM 18-21 - Senior Final Exams 22 - Last Day for Seniors 25 - Memorial Day SCHOOL CLOSED 26 - Check-in

6-7:30am

4-10: HS Final Exams

11 - Q4 & Semester 2 ends Last Day of School & Check-out

13 - 17th Commencement

15 - Intercession Recovery begins

\*\*15-16: SNOW DAYS\*\* \*\*Planned snow make-up days\*\* 2 - Intercession Recovery ends

3 - Independence Day Observed SCHOOL CLOSED



## The SEED School of Washington, D.C. a public charter school

Fall 2019

Dear SEED School Community,

The mission of the DC Department of Health (DOH) is to support people in making healthy choices that create a positive impact on them both today and in the future. Studies confirm that good practices during adolescence carry forward into adulthood. Statistic show that many DC youth are sexually active, and that sexual debut is occurring at younger ages. Teenage pregnancy and rates of sexually transmitted infections (STI), particularly chlamydia and gonorrhea, remain high among DC youth.

Due to the serious health concerns, DOH continues to partner with SEED PCS to make condoms available to all students, effective 3/26/15, through the Revised Condom Availability Policy. Studies show that when used consistently and correctly, condoms are highly effective at in reducing the risk of HIV, STIs and pregnancy. The HIV/AIDS, Hepatitis, STD, and TB, Administration (HAHSTA) within the DOH initiated a program in 2010 to increase condom use among sexually active young people, enhance condom availability in schools and build greater competency in sexual health at both the adult and student levels.

The WRAP MC (Master of Condoms) program trains and certifies individuals as Wrap MCs in condom education. DOH-HAHSTA provides certificates, condoms, and informational and promotional materials to the Wrap MC Program. At this time, DOH has Wrap MCs in 16 DCPS high schools and 17 public charter schools. Overall, the DOH-HAHSTA has certified more than 200 Wrap MCs throughout the District. In addition to increasing the visibility and accessibility of condoms for the District's young people, the Revised Condom Policy also has ensured that hundreds of DC residents who work with youth have accurate and up-to-date information on condoms and sexual health.

SEED PCS may expand the Wrap MC program include high school students in condom distribution efforts. This peer-based approach has long been advocated for by youth-serving community organizations. Increasing youth involvement will increase the visibility of Wrap MC, thus increasing the number of sexually active students who know how to access condoms.

Trained peer educators are a proven, credible source of information for some young people. By serving as positive role models, peer educators produce greater attitude changes in adolescents' perception of personal risk of HIV and STD infection compared to adult-led sessions. Youth who are counseled by peers maybe more likely to engage in interactive discussion and take actions to reduce disease transmission. Studies show that adolescents who believe their peers are using condoms are more than twice as likely to use condoms. Furthermore, peer educators have been proven to retain more sexual health knowledge, hold more positive attitudes, and report fewer risk behaviors themselves.

Frequently Asked Questions (FAQ) about the Wrap MC Program



## The SEED School of Washington, D.C. a public charter school

Currently, SEED PCS offers a comprehensive sexual health curriculum that is developmentally appropriate for students that is implemented during the Student Life Program. A parent can sign a form opting out his/her child from participating in the curriculum at any grade level, however, DC law allows minors to consent for themselves to receive sexual health, mental health and substance use treatment services.

#### Will having condoms available at school condone sex?

Data show that having access to condoms does not increase instances of teenage sexual behavior, or encourage teens to have sex, but it does increase instances of teenagers engaging in SAFE sexual behavior. No one will force students to take condoms, and no one will pressure young people to be sexually active. The Wrap MC program is designed as a health education program, encouraging anyone who does have sex to always use protection. Data show that having access to risk reduction materials (such as condoms) does not lead to increased risky behavior. The DC Department of Health, DC Public and Charter Schools, and OSSE are committed to keeping young people in the District safe and healthy.

#### Who can I contact if I have questions about the Wrap MC program?

Please call DOH/HAHSTA's main number at 202-671-4900 if you have any questions. You can also contact Stacey Pearl, Assistant Head of School, at 202-248-3015 for more information the SEED's participation in the Wrap MC Program.

Sincerely,

Stacey Pearl

## Please return to the wellness suite

### DC HEALTH

## Government of the District of Columbia Department of Health



health information on the back

Community Health Administration

Dear Parent or Guardian:

The District of Columbia Department of Health (DOH) is sponsoring preventive dental services at your child's school through the DOH School-Based Oral Health Program. Licensed dentists and their staff will provide exams ("checkups") and x-rays to students who have not seen a dentist in the last six (6) months. The services will include: dental cleanings, fluoride treatments, and sealants (as needed). Students that need services not offered at the visit (such as fillings, tooth removal, or braces) will be referred to community dentists. Services do not include drillings or shots. Information from your child's visit will be shared with the school nurse or other point of contact at the school and with the DOH School-Based Oral Health Program for the purposes of: billing, treatment and follow-up, and program monitoring.

PLEASE NOTE: Children should see their dentists every six (6) months. If a child has a regular dentist, the School-Based Oral Health Program services should NOT take the place of a visit to that dentist. If a child has been to the dentist in the last six (6) months, she or he may not need the school-based services. The dental providers will check for dental insurance coverage and the last dental visit for all children to be seen at the school and will bill insurance for any services provided.

(Student Name)	(Date of Birth)	Female	
(Home Street Address)	(Apt #) (Zip Cod	le) (School Grade)	
School Name:	Teacher Name:		
Parent/Guardian Name:	Phone:	£	
Email:	Other Phone	::	
	of the checkboxes and provide all related inf	formation in order for you	
child to receive services.			
	lealthy Families insurance plan:		
□DC Healthy Families □DC Medicaid [ Other:	☐ AmeriHealth Caritas ☐ Amerigroup D.C☐	Trusted Health	
Medicaid/DC Healthy Families #:			
This child has private dental insurance:	T. Salar		
Employer Name:	Insurance Phone:		
		Employer Phone:	
Member ID/Policy #:	Birthdate of Insured Adu Group #:	its	
This child does not have any dental insu	rance,		
Last Dental Visit: ☐ 1-3 months ☐ 4-6	months	Never seen a dentist	
	page and understand and agree to its terms.		
informed consent for my child to receive	services through the DOH School-Based Ora	al Health Program.	
Parent/Guardian Signature	Date		
	The state of the s	ease complete important	



## Government of the District of Columbia Department of Health



Community Health Administration

As the parent/guardian of the above-named student, I consent for him/her to receive dental services through the DOH School-Based Oral Health Program. I understand that consent to my child's participation provides consent for the following:

- The dental provider to verify insurance before services are provided;
- The dental provider to bill & collect payment from any Medicaid, private insurance, or other payer.
- If I have private dental insurance, the dental provider to bill the family for any deductibles and/or copays.
- The dental provider to confidentially share my child's clinical information with the Department of Health,
   Department of Health Care Finance, Medicaid Managed Care Organizations (MCO), and/or other clinical providers involved in my child's health care.

Further, I agree to discharge, indemnify, and hold harmless the District of Columbia and any agency, employee, officer, agent or representative of the District of Columbia from all claims, demands, actions, or judgments which I or my heirs, executors, administrators, or assigns may have for any and all injuries and damages, known or unknown, caused by or arising from the activities listed above. I understand that if I fail to sign this consent form, my child will not receive any services offered under this program.

I understand I may revoke this consent at any time by providing written notice to Justice Armattoe at the DC Department of Health (899 N. Capitol St. NE, 3<sup>rd</sup> Floor, Washington, DC 20002). I further understand that until this revocation is made, the consent for services shall remain in effect for one calendar year from the date it is signed, and my child's information will continue to be accessible by the parties listed above for the specific purposes described.

Please provide the following information to help the dental provider best serve your child:

Student Name:
MEDICAL INFORMATION - Check each condition that applies to your child and explain in the space provided.
☐ Dental problems:
☐ Heart problems/valve replacements/shunts:
☐ Asthma/breathing problems:
☐ Epilepsy/seizures:
☐ Allergies:
☐ Latex allergy:
☐ Pine Nut allergy:
☐ Acrylic allergy:
☐ Current medications:
☐ Antibiotic premedication required?
Other health problems (i.e., diabetes, bleeding problems, communicable diseases, etc.)?
Does your child have a usual dentist? If yes, please give dentist's or dental practice's name:
Does your child have a usual medical/primary care doctor? If yes, please give doctor or medical practice's name:



## The SEED School of Washington, D.C. a public charter school

Fall 2019

Dear Parents/Guardians,

SEED PCS is excited to remind families of an ongoing partnership with Mary's Center. The partnership allows for SEED to provide scholars access to pregnancy and sexually transmitted infection (STI) testing, options counseling, family planning education, and case management care coordination services to interconceptional (any woman/female who is of childbearing age) and perinatal (pregnant) women. These services are offered to students who attend DCPS schools through the DOH Health Centers at various DCPS high schools.

Mary's Center's is a Federally Qualified Health Center whose mission is to build better futures through the delivery of health care, education, and social services. They embrace culturally diverse communities whose needs too often go unmet by the public and private systems, and provide them with the highest quality of care, regardless of ability to pay. Mary's Center uses a holistic, multipronged approach to help participants access individualized services to set them on the path toward good health, stable families, and economic independence.

These services will be available to all students enrolled at SEED and will be provided in SEED's Wellness Suite between 3:30 pm and 5:00 pm on the first and third Wednesday of each month. If scholars require in person doctor appointments, SEED will provide transportation to and from the appointment. Mary Center's clinic is located at 2333 Ontario Rd NW, Washington, DC 20009.

It's important to note that the services provided to SEED scholars by Mary's Center are confidential. This means, under Rule: 22-B600.7 of the DC Municipal Regulations (Minor Health Consent), services provided by Mary's Center will not be shared with parents unless the students are in danger of hurting themselves or others and/or scholars decide to share information with their parents.

If you are interested in learning more specific details regarding the partnership with Mary's Center and the services they may provide to students at SEED and/or you have questions or concerns regarding this partnership, please contact Stacey Pearl, Assistant Head of School, at 202-248-3015 or at <a href="mailto:spearl@seedschooldc.org">spearl@seedschooldc.org</a>.

Sincerely,

Stacey Pearl

Assistant Head of School

S. Planl



### The SEED School of Washington, D.C.

## STUDENT LIFE "WHAT TO BRING LIST"

2019-2020 School Year

	14 At 1 1106 B				
	red for Student Life Programming	the first state of the state of			
	5 uniform outfits (khaki bottoms, SEED logo shirt);	see uniform dress policy for more details			
	5 casual clothing outfits (all must meet dress code	- loose fitting and below fingertips) to wear			
	after school				
	1 bath robe or house coat (THIS IS MANDATORY F	OR EMERGENCY EVACUATIONS)			
	1 pair house slippers				
	1 pair of shower shoes				
	1 set of towels (bath towel &washcloth)				
	1 shower caddy/small bucket				
	Necessary toiletries: soap/body wash, lotion, toothk	rush, toothpaste, deodorant, shower cap,			
	face wash, shampoo/conditioner (optional), etc.				
	□ 1 set of twin sheets (If your child is a bed wetter, please provide an extra set of sheets as well as				
	laundry detergent)				
	1 pillow & pillowcase				
550000	1 comforter/blanket				
	1 laundry bag for dirty clothes				
200000000000000000000000000000000000000	1 alarm clock				
	1 nightlight				
	Foot Locker (storage) & Lock (combination)				
	1 curtain set:	the state of the s			
	<ul> <li>Brown Hall (girls) curtains should be purch</li> </ul>	ased to cover a minimum of 44 inches wide			
	and 64 inches long.	1 11 of 32 inches			
	<ul> <li>Marshall Hall (boys) curtains should be pur</li> </ul>	chased to cover a minimum of 32 inches			
	wide and 64 inches long.				
A	I A I for the Jose I if a Brown wine				
	Supplies for Student Life Programming	☐ Pencils (Box)			
	Tissue (2 Boxes)	Filler Paper (College Ruled)			
	Markers/Color Pencils	Scissor (Safety)			
	Glue Sticks (3 pk.)	☐ Composition Books (2)			
	Pens (Box)	Composition Books (2)			
BE	SURE TO LABEL ALL PERSONAL BELONGINGS WIT	TH A PERMANENT MARKER (SHARPIE)			
Dorm V	Vish List (Donations for the pantry)				

- Shower Curtains (72x108)
- Brooms
- Toothbrushes/Toothpaste
- Dust Pans
- Sanitary Napkins
- Twin Sheet Sets
- Washcloths/Towels

- Soap/Body Wash
- Air freshener spray cans
- Clorox wipes
- Paper goods (Plates, bowls, paper towels, etc.)
- Plastic Spoons/Plastic Forks
- Uniform items

THE SEED PCS & FACE OFFICE PRESENTS THE







8:30 A.M.

12:30 P.M.

5:30 P.M.

LEARN ABOUT

MODEL OF CARE ACADEMIC TOOLS | VOLUNTEER OPPS

QUESTIONS:

CONTACT US AT 202-248-3025
PLEASE RSVP FOR THE SESSION YOU WANT TO ATTEND.

HTTPS://WWW.SMORE.COM/JES9W









#### The SEED School of Washington, D.C.

SEED's mission is to provide an intensive, college preparatory educational program that prepares students both academically and socially for the success in college and life beyond.

#### ATTENTION HIGH SCHOOL STUDENTS!



#### **Community Service**

In addition to completing SEED's intensive high school curriculum, students must complete at least 100 hours of community service to graduate. Additionally, SEED has adopted a school goal regarding community service that 100% of students will have the required number of community service hours at the end of each academic year.

9th Grade: 25 hours10th Grade: 50 hours11th Grade: 75 hours12th Grade: 100 hours

Please note that hours prior to 9th grade do not count towards the requirement — this includes the summer before the start of students' freshman year. Students will independently manage this graduation requirement by securing opportunities to serve over the weekend and during holiday/summer breaks. However, SEED will coordinate projects and activities as well as share opportunities with students that they can take advantage of during the school week. Submission of SEED tracking sheets and supporting documentation or a letter on official letterhead from the organization that includes name of student, number of community service hours performed and the dates, type of activity, and name and contact information of the on-site supervisor should be turned into the Director of Experiential Learning and External Opportunities.

Forms should be turned in by the following dates:

- Summer hours by September 30th
- End of first semester for hours accrued/service performed in S1
- End of second semester for hours accrued/service performed in S2

All service hours must be completed through a 501(c) (3) non-profit organization or a federal, state, or local government agency. Additionally, hours may be completed through school projects or activities pre-approved by the Director of Experiential Learning and External Opportunities. Service hours must be completed under the supervision of an adult at the agency or organization. This on-site supervisor must be identified and is responsible for verifying the student hours and providing on-site supervision for the service activities. The on-site supervisor may not be the student's parent or close relative.



#### The SEED School of Washington, D.C.

SEED's mission is to provide an intensive, college preparatory educational program that prepares students both academically and socially for the success in college and life beyond.

#### **Examples of Acceptable Activities**

- Tutoring students
- Making toiletry kits for a homeless shelter
- Instructing senior citizens on computer use
- Preparing or serving food at a food bank
- Participating in a park or neighborhood clean up

#### **Examples of Unacceptable Activities**

- Babysitting, performing chores, or hair styling
- Donating items such as money, food, or clothes
- Performing any activity where a student receives payment or a grade
- Participating in traditional school activities such as student government meetings, choir rehearsal, athletics, theater, or similar organization/club, etc.

#### **Volunteer Opportunities:**

The Corporation for National and Community Service - https://www.nationalservice.gov/serve

Serve DC - The Mayor's Office on Volunteerism - www.serve.dc.gov

Catholic Charities - www.catholiccharitiesdc.org

Seabury Resources for Aging - www.seaburyresources.org/volunteer

DC Central Kitchen - www.dccentralkitchen.org/register

So Others Might Eat - www.some.org/volunteer

United Way of the National Capital Area (United Way NCA) - www.unitedwaynca.org

Food & Friends - www.foodandfriends.volunteerhub.com

Anacostia Watershed Society - www.anacostiaws.org/how-to-help/volunteer.html

Special Olympics DC – www.specialolympicsdc.org/get-involved

Martha's Table – www.marthastable.volunteerhub.com

Humane Rescue Alliance - www.humanerescuealliance.org/volunteer

Youth Service America - www.ysa.org

TeenLife - www.teenlife.com



SEED DC does NOT promote or assist with the Summer Youth Employment Application process. Additionally, students are NOT able to work outside jobs during the school week, Sunday check-in through Friday check-out.

For more information, please contact the Director of Experiential Learning and External Opportunities via email at Ithompson@seedschooldc.org or call via phone at (202) 248-3030 for more information.

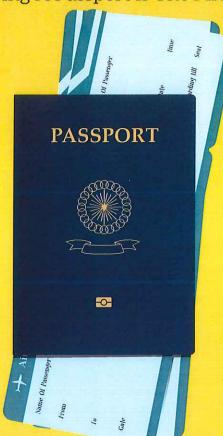


Do You Want To See The World, Learn A New Language, Discover New Foods & Music, Gain Confidence & Independence, Become A Global Citizen?

Securing A Passport Is The First Step!









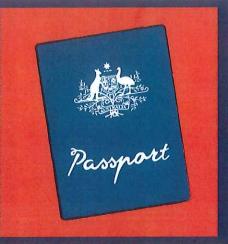


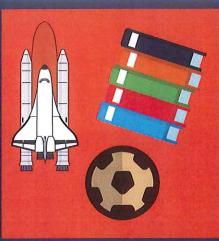
# BE READY SO YOU DON'T HAVE TO GET READY, ADVENTURE AWAITS!

Questions?
Mrs. Lesli Thompson
Director of Experiential Learning & External Opportunities
Ithompson@seedschooldc.org
(202) 248-3030
Room 101C











# SEED Summer Exposure 2019



Girls Going Global - Belize

The Niarchos Foundation Greece Classics Program - Greece City Kids Wilderness Project Summer Camp - Jackson, Wyoming

LearnServe Abroad - Jamaica

**Experiment in International Living - Japan** 

Peace thru Culture: Global Trek STEAM - Costa Rica

Onda Solidária/SEED Exchange - Brazil

Princeton-Blairstown Center: Leader in Training Program - Blairstown, NJ Exelon STEM Innovation + Leadership Academy - UMD College Park

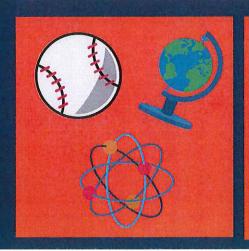
U.S. Space Camp (Fish & Richardson Scholarship) - Huntsville, AL

**Washington Nationals Youth Baseball Academy** 

Cathedral Scholars Program – Washington National Cathedral

Alpha Phi Alpha Fraternity, Inc. Leadership Development Institute (LDI) -

**American University** 



FOR QUESTIONS
AND MORE INFORMATION:
Lesli Thompson
Director of Experiential
Learning & External
Opportunities
(thompson@seedschooldc.org
(202) 248-3030
Room 101C

