



**The SEED School of Washington, D.C.**  
*a public charter school*

March 4, 2020

Dear SEED PCS Families:

SEED PCS administrators and staff are aware of and working proactively to address concerns regarding the spread of influenza and COVID 19 (novel coronavirus). We are following the Centers for Disease Control and Prevention (CDC) recent update regarding the COVID 19. We continue to closely monitor international and national advisories from the CDC and the World Health Organization (WHO), as well as stay in close contact with the local health department. The health and safety of our scholars remain paramount, and we are committed to sharing with you all information as it becomes available. Though there have been cases detected in the United States, the risk remains low. Nevertheless, the SEED leadership team is working on contingency plans in the event that the risk level is elevated in the District.

### **School Community Health**

The following is a reminder of current SEED PCS Policy. It is the responsibility of every person in the School community to report immediately to the school nurse any health condition that may call for measures that protect the health of other community members. Your child(ren) should stay home if they have a fever, until they have been symptom-free, without any medication, for a full 24 hours. SEED PCS will alert the parent/guardian community with communicable disease information, including announcements of incidences of Influenza (flu). Students will not be penalized for missing school due to illness.

### **Tips for Children**

As a best practice for overall health, especially in the influenza season, the CDC recommends that individuals receive the flu vaccine (it's not too late) and engage in everyday, preventative measures, to prevent the spread of germs, including:

- Clean hands with soap and water thoroughly and regularly for at least 20 seconds;
- Cover nose and mouth with flexed elbow or tissue when sneezing or coughing;
- Avoid touching eyes, mouth, and nose with unwashed hands; and
- Avoid close contact with anyone with flu-like symptoms.

We encourage you to seek medical care promptly when flu-like symptoms develop.



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### **Travel Indications**

Spring Break is on the horizon. Prior to making travel arrangements and again before leaving on your trip (as this is a constantly changing situation), check the CDC website

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html> to see if there are coronavirus warnings or restrictions at your destination. DC residents who have questions about appropriate precautions may contact the Department of Health at 202-576-1117 or [doh.epi@dc.gov](mailto:doh.epi@dc.gov).

For additional information on the District's communication about the coronavirus, please access the information Mayor Bowser released yesterday via the following link:

<https://content.govdelivery.com/accounts/DCWASH/bulletins/27ecaf2>

This is an evolving situation and we are committed to communicating as new information becomes available. Thank you for your partnership in support of our students, community, and school. For additional questions or concerns please contact Sherita Wallace-Reid, Director of Student Support Services 202-248-7773 ext. 5046.

In partnership,

**Mecha Inman, M.Ed.**

Head of School